



齋色園主辦可藝中學

文集

2024-2025

電話：(852)24417100 國內：15219432012 傳真：(852)24416753

本校地址：香港新界屯門愛明里八號

網址：<http://www.hongai.edu.hk>

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情感抒懷

〈長大一些就好了〉

1A 陳芷韻

歲月如梭，轉眼間，我已從那個懵懂無知的小學生成長為一名初中生，站在青春的起跑線上。回首往昔，心中總有那麼一絲期盼與憧憬：「我長大一些就好了。」這不僅僅是對身體成長的渴望，更是心靈與能力的飛躍式成長的嚮往，宛如晨曦初露，帶來無限可能。

小時候，我總是羨慕大人們的世界，覺得他們如日中天，無所不能，能自由支配時間，做自己喜歡的事情，無需每天被作業和考試的重擔壓得喘不過氣來。每當遇到困難和挑戰，我便會想：「如果我長大一些就好了，那我就可以自己解決問題，不用總是依賴父母和老師。」

然而，隨著年歲的增長，我漸漸明白，長大並不僅僅是年齡的增長，更是心智的成熟與責任的擔當。初中生活，如同一幅豐富多彩的畫卷，在我面前徐徐展開。這段旅程教會我，學習不再只是為了分數和排名，而是為了充實自己，為了將來能夠有能力去實現夢想，去幫助那些需要幫助的人，正如春雨滋潤大地，讓每一片希望萌芽。

在這過程中，我遇到許多前所未有的挑戰。數學的難題讓我絞盡腦汁，英語的語法讓我暈頭轉向，物理的實驗更是讓我手忙腳亂。每當此時，我總會想起自己曾經的願望——「我長大一些就好了」。但現在，我明白了，長大並不意味著困難會自動消失，而是需要我們用更加堅韌不拔的意志和更加智慧的頭腦去面對，去解答，正如蓄勢待發的箭，終將射向更高的天空。

於是，我開始嘗試著去改變。我不再逃避難題，而是主動尋求老師和同學的幫助；我不再害怕失敗，而是將每次失敗都視為成長的墊腳石；我不再滿足於現狀，而是不斷設定新的目標，努力向前邁進。當我真正投入其中，用心去感受學習的樂趣時，那些曾經看似不可逾越的障礙，竟然也變得不那麼可怕。

「我長大一些就好了」，這句話在我心中不再僅僅是一個簡單的願望，而是一種信念，一種動力。它激勵著我不斷超越自我，勇敢地去追求更廣闊的天地。我相信，只要我保持這份熱情和堅持，總有一天，我會成為那個自己曾經羨慕的大人，不僅擁有自由支配時間的能力，更擁有一颗熱情、勇敢、有擔當的心。

成長的路上，或許還會遇到許多未知的挑戰和困難，但我已不再畏懼。因為我知道，只要我勇敢地邁出步伐，用心去體驗，去成長，那麼，無論前方是風雨還是晴天，我都會以最好的姿態去迎接，因為我堅信：「我長大一些就好了」。

〈長大一些就好了〉

2C 吳美瑤

童年時期的天真無邪總是讓人回味無窮。在小的時候，我對未來充滿期待，自由和嚮往，常常想以後的我是什麼樣的？長大了是不是就可以不被管束？以後的我是不是自由自在的？

光陰荏苒，歲月如梭，那些逝去的時光如同繁星般閃耀在記憶的夜空中。隨著時間的推移，我發現在成長的路上會有很多困難，在學習上的，人際關係上的，生活上的，還有考試複習時與同學們的緊張競爭關係，或是在生活中與朋友的紛爭矛盾。每當我遇到困難時，我總會問自己：「這是我希望的長大嗎？是我渴望的成長嗎？」這些問題總是在我的腦海裡翻湧著，每次當我陷入自我懷疑的漩渦時，媽媽總會用溫暖的言語開導我：「孩子，生活中的磨難和挑戰如同成長的催化劑，塑造著我們的堅韌與智慧，人不可能事事都是一帆風順的，你要相信只有經歷過風雨的洗禮，你才能見到那耀眼的陽光。」

那時的我，懷著對未來的憧憬與期待，認為長大是一件很美好的事。然而，隨著歲月的流逝，我逐漸的發現長大並不是我想像的那般美好。這時就會冒出[如果我回到小時候就好了]的念頭，這些突如其來的困難和挑戰讓我感覺到無助和迷茫。我開始懷疑自己的能力，開始質疑自己的選擇，甚至一度開始懷疑自己是否走錯了路。這一刻我對未來的幻想破碎了，這時我才明白[成長並不是一件簡單的事]，它需要我們勇敢地去面對，更不能用小時候的想法去看待現狀，而是要用現實去看待這個世界，我能做的只有接受現實和去迎接未知的種種挑戰。所以我更不能就迷失在這里，未來很長，我要去勇敢探索。

當我大步向前時，我意識到隨著我們的成長，父母也在逐漸老去。這讓我回想起小時候每當我生病時，媽媽總是守在我的身邊，細心照料著我，對我無微不至。但，當父母生病時又有誰會像他們細心照料我般照顧他們呢？還是說他們自己草草的吃幾顆藥就當沒事？還是自己堅強的挺過去？

我曾從未真正的注意過父母的身體狀況，他們對我們的付出和努力似乎都是無止境的，一想到這我的心中充滿了愧疚和不安。可這並不是我想要的，我想要快快長大，這樣我也可以照顧他們。

隨著年齡的增長，我也逐漸明白了父母的不易，我嘗試去體諒父母的艱辛讓自己成為一個有責任，有擔當的人，也能像小時候父母照顧我一樣去照顧他們，去分擔他們的辛苦和不易，做他們最堅強的後盾。因為他們也是第一次為人父母，以前他們也是被外公外婆、爺爺奶奶捧在手心裡的孩子，就像現在父母細心呵護我們一般。我也明白了在成長路上的困難和挑戰只不過是為了考驗自己的能力，是否有能力成為一名合格的大人，是否有能力去處理這一些問題。

當我經歷完這些後，我不由得感歎：「如果我長大一些就好了。」那樣我的各種能力就變強大了，就能靠我自己去為家庭分擔，就能讓父母不再艱辛，能讓父母過很自由快樂，也能讓自己勇敢的去追逐夢想，成為更好的自己，讓家人不用再為我而擔心操勞。

所以，每遇困惑，總會輕歎：「待歲月稍長，或可釋然。」

〈長大一些就好了〉

3B 鍾浚勻

在每個人的成長過程中，無論是身體上還是心理上，都會面臨各種挑戰與變化。當我回顧自己的成長歷程，總是會想起那句「快點成年吧」。這不僅僅是對年齡的期待，也是對成熟，獨立和責任的渴望。

在我小時候，我總是和渴望能快點長大成人。那時，長大意味著可以擁有更多的自由。可以自己做主選擇想吃的食物，想看的電影，甚至可以不必聽父母的叨叨。每次看到大人們的生活，那種自由自在的樣子，總是令我羨慕不已。我總想和他們過一樣自由的生活，能夠掌握自己的生活。

但是成爲了大人就要對自己負責和承擔。隨著年齡的增長，我逐漸意識到，長大並不是擁有自由還意味著要承擔更多的責任。從學校的作業到家庭的瑣事，從人際關係的處理到未來的規劃，這些事都需要心思和精力的。從一個小朋友變成大人是需要一個過渡期，每當我感到疲憊和壓力時，我都會想起當初的那種渴望，心中不免有些懷念那兒時無憂無慮的童年。

然而隨著時間的推移，我的心理也在不斷成熟。我學會了理解他人的感受和體諒別人，處理我的情緒。在童年時期，我總把自己爲中心，不理解父母的苦心和朋友的需求。可是，當我開始要面對生活中的挑戰和困難時，我漸漸明白，成長的過程就是一個不斷學習和適應的過程。

長大後，我也逐漸明白責任的意義。在家庭中，我學會了關心和照顧家人；在學校，我學會了對自己的學習負責。我開始理解負責這兩個字。這些責任讓我感到沉重也同時讓我感受到成就感。

回首過去，我明白了「長大一些就好了」的真正含義。成長是一個不斷探索和學習的過程。在這個過程中，我學會了珍惜身邊的人，理解生活的意義，承擔責任。未來，我希望能夠繼續保持這份成長的渴望，勇敢面對生活中的挑戰，不斷提升自己。

在未來的日子裏，我希望能夠更加成熟，能夠在每一次的挑戰中成長，無論是心理上還是實際上，都能夠不斷向前行。我相信只要心中懷有對生活的熱愛，無論遇到什麼困難都要努力面對。

〈父母的期望，我的夢〉

2A 彭梓悠

由小學開始我已經有了一個演員夢。相信大家和我一樣夢想不被父母支持。

我從小已經知道自己對表演有很深的熱情。我和家人說了我的夢想，他們不但沒有支持我，還叫我不要「發白日夢」，好好讀書才是我現在的任務。聽到後，我很失望，跑回了房間大哭一場。

媽媽聞聲而來，看見我把房門鎖了，就拍門想我開門，但她聽到我越來越大的哭聲後，就沒有繼續拍門，她在門外和我說：「悠悠，爸爸媽媽知道，因為我們不支持你的夢想，所以你很失落，你也不是不知道，做演員有多艱辛吧，我們不想你因為表演放棄自己呀！」

聽完後，我抽泣地開了門，媽媽二話不說地抱住我，讓我在她的擁抱中放聲大哭。這時，爸爸帶了我很喜歡的糖和關於表演的書籍給我，他就說了一句「雖然和媽媽不支持，但你只要不放棄不後悔就可以，家中的『灶罉』很大。」

年月流逝，我的夢想由做一個大明星到如今只想父母健健康康，平平安安。

小時候父母是小孩子的後盾，成年後，父母是我們的大孩子。

我們在家中和家人相處要包容、相信和支持。所以，我很感謝父母當年的支持，他們的愛是不求回報的，是無私的。他們是我們最強的後盾，爸爸媽媽我愛你們。



〈父母的期望，我的夢〉

2A 蔡蕪佈

在我們的成長過程中父母一直都為我們的路做打算，常常都會過於擔心自己的孩子，但同時這也是「愛」的另一種表現。

我的印象中童年充滿了幸福美滿，父母總會小心翼翼地呵護我，但這種「愛」最終可能成為我們分歧的一道刺。青少年時期，常常覺得父母很麻煩很嘮叨，當時的我也這樣想的，一直以來都覺得自己沒有錯，鬥嘴成為了我們日常的一部分。

在十二、十三歲左右，我放棄了長達七年的芭蕾舞生涯。那時候，我不懂事而且還貪玩，總覺得媽媽的用心良苦似枷鎖束縛著，我像喘不上氣般，這也是我們吵得最激烈的一個原因，記得她質問我說：「你為什麼要放棄你堅持這麼多年的舞蹈？你不是從小就細化芭蕾舞嗎？你怎麼了？」可我只是一味地沉默並沒有回答，我麼母女倆很默契地沒說話，過了一會我回了房間，躺在床上大哭，我覺得很壓抑我不理解為什麼我媽不懂我呢？

直到後來，我明白了媽媽的苦口婆心，她常常會忽然提前關於芭蕾舞的事情，可我知道她是為了我前途著想，但不懂如何表達，她想讓我繼續跳舞，可我深思熟慮後還是決定不想再跳。後來，媽媽也尊重我的選擇沒有嘮叨，我跟她說：「我有自己的目標和方向，我很清楚我在做什麼，我想嘗試選自己的路，哦直到您很擔憂，可我都這麼大個人了，你不用這麼操心了。」說完我們抱了一會。

我的父母總是一直幫我做打算，可我也該成長了。我有自己的夢想，我想做設計師，想發揮自己的創作能力，想做一件作品令自己有滿足感。我也希望我的父母放鬆心情不用再為我而操心，這次的經歷令我也明白包容父母的嘮叨，而且父母的煩人何嘗不是一種「愛」呢？



〈快點兒〉

4A 黃恩怡

你在小的時候有期盼過長大嗎？我有。

還記得在小的時候，我最常說的一句話就是：「希望時間再過的快點兒吧！」這句話在我的童年中總是經常出現，在當時無非就是覺得時間過的實在太慢了，對於我來說，上課的時間和做事的時間總是太慢，而玩耍的時間又過的飛快。小時候常想是不是有某種神秘的能力把時間更改了，現在想想還真是好笑的很。每當我對著媽媽訴苦時，她又只會說：「等你長大就懂時間的珍貴了！」當時我又懷疑又不理解，在我心里，只有長大才可以脫離課堂的困擾，不用費盡心思聽一些跟本聽不懂的理論知識，就像一切都可以自由，一切都鬆懈了一樣。

隨著時間的飛逝，原本小小個子的姑娘漸漸一點點的長高，雖然學的東西多了，但不妨礙我依然開放的思想，我還是常常會說：「快點兒吧，時間就不能再過的快點兒嗎？」但那時我也已經是中學二年級了，雖然我心里有時總會覺得有些過意不去，也總是想著要努力一點，但我就像一顆樹苗，只管種下種子，不澆水也不施肥，就好像只靠空想便能取得進步一樣，到頭來還是一場空，一事無成。

直到中三開學，在開學典禮上，我和往常一樣有一搭沒一搭的聽著，對師哥師姐的光榮歷史跟本不在乎，心想：成績高不都是天生的嗎？這有什麼好說的。在開學典禮結束後，我翻看著朋友圈，正巧看到了一個畢業師姐的分享，她配文說到：「想考大學實在是太難了，希望我有一個好運氣吧！」這條朋友圈下點讚無數，也不妨有一些分享學習經驗的，我看著那些密密麻麻的文字，不知道為什麼，心里就像有一顆大石頭落下，砸在了名為「良心」的地方，對我的打擊很大，也讓我思考了很久。

在很之後，我的心思好像一直都沒辦法集中，除了學習，其它事物對我的吸引力好像莫名的很大，我的成績也因此一落千丈，我成為了之前我最看不起的人，也有時會在考試中睡去。但這報應很大，當我收到成績單時，我失望的神情好像替我表達了什麼，我也終於知道我不能再浪費我的時間了。

當時在想清楚後，我好像變了另一個人，我不再吧快點兒掛在嘴邊，而是變成了：「我想考大學。」在那時同學們便會拍拍我的腦袋問我：「你不是被外星人入侵了吧？」到那時我也只是笑笑不說話，我開始上課認真聽講，從不錯過每一個知識點。我也終於明白了，時間從沒有停下，時鐘還是一圈一圈的在旋轉，我的心思也從想時間快點兒變成了想時間慢點兒，我希望我有的不只是幸運，而是在我剩下的一點時間里我能盡可能的達到我的目標。

少年時的快點兒我是在逃避當下對我的困擾，但是直到現在，我更希望我的快點兒是對我自己的忠告。

時間是什麼呢？這是個深奧的問題，我夜不能寐時在想，豔陽高照時我也在想。童年的時光中，我思考著也感知著時間的存在，它時而像一陣風卷走秋葉般匆匆而去，它時而又像一聲聲蟬鳴沉悶而冗長，時而化作母親的一聲聲催促聲。隨著我慢慢長大，時間的魔法在我身上彰顯出了作用，我個頭變高了，甚至高過母親了，而時間似乎真的隨著母親一聲聲快點兒中加快了步伐。終於時間的魔法也施加在了母親身上，她躺在病床上，頭髮花白，身形消瘦，我靜靜地握著她枯瘦的手，直到她安詳的睡去，那天，我透過搖拽的窗簾望著夕陽落幕，這一刻我不想再快點兒了，我只想要時間慢慢來，讓我陪著母親走完時間中最後一分一秒。

記憶中的午後は沉悶和冗長的，遠處，夕陽緩緩朝西邊落去，還未沒過連綿不斷的山巒。天邊仍殘留幾分餘暉，時而有幾隻飛鳥劃過天際與緩緩飄散的雲朵，但轉眼又不見。落日餘暉透過梧桐樹枝葉的縫隙，伴隨著幾片飄落的枯葉，灑在陽臺上，形成一道初秋的景象。我披上薄外套，帶上棉帽，個子小小的我雙手握著陽臺欄杆，透過間隙，望著幾隻麻雀繞著梧桐樹幹飛來飛去，發出「噉噉喳喳」的叫聲，然後朝下飛去，順著小巧的身形，我同樣往下看，目光鎖定在一個小攤上，只見一個中年男人手中揮舞著冰糖葫蘆，聲嘶力竭的叫賣吆喝著，攤前已聚集著一些年紀與我相仿的小孩，他們目光炙熱地望著眼前可口的冰紅葫蘆，纏著父母買上一根以解嘴饞。我只能眼巴巴的望著樓下的孩子們大快朵頤，不停吞吞著口水。此刻，時間是個步履蹣跚的老人，慢慢吞吞的，磨得人心急，我焦急的只想要時間快點兒、快點兒、再快點兒。「快點兒！」生鏽的鐵門被推開，門外，是笑意盈盈的母親，她雙手插兜，一副胸有成竹的樣子，「你小子我早就知道你饞的不行了，還不快點兒！」聽到這話，我用亮晶晶的眼睛望向母親，似乎在詢問真的假的，看著母親憋不住笑又點點頭的樣子，我頓時喜笑顏開，興沖沖的用小手拉住母親的大手，朝樓下狂奔而去。這一瞬間，時間好像又換了面貌，它是一個單純又天真的小孩子，急匆匆的奔向他的冰糖葫蘆。

無意中的童言似乎一語成讖，時間的步子邁的越來越快，我長出了鬍鬚，個子也更高了，但對時間的思考卻悄然有了不同，我不再想那麼快了，有時候我想讓時間慢慢來。「快點兒！今天這份工作你完不成，你就別想下班！」世界像一隻披著羊皮的狼，成年後突然就對你露出了獠牙，面對上司突然的遷怒和要求，我開始愈發想念小時候與母親的生活。我端坐在工位上，手指在鍵盤上一敲一打，即使已工作了十幾個小時，手指酸痛，脖子僵硬，但我還是不能停歇，只求能儘快完成工作以早點下班，啪，隨著我合上電腦，我終於完成了工作。但當我抬起頭望向時鐘時，卻驚訝發現時間竟過得如此之快，快到我還未發覺，它就已悄然流逝。我回過神來，看向窗外，已是傍晚時分，天空悄然被深邃的夜幕覆蓋，只留一輪圓月點在夜空。夜晚並不恬靜，三三兩兩的行人川流不息的穿行在樓宇之間，大大小小的車輛在公路上堵的水泄不通，整個城市上空交織著催促聲與叫罵聲。噪音震耳欲聾，但我卻突然驚覺今天是中秋。我拿起手機撥通號碼，「嘟嘟嘟」，我正準備開口，手機裡聲

音卻先響起，「喂？兒子，給你發這麼多消息怎麼不回？是不是在外面遇到什麼困難了？有什麼事跟媽媽說不要憋在心裡，喂？」我先是一愣，查看手機，才發覺母親已經給我發了數十條資訊，頓時我心中升起一股愧疚感，同時交雜著無處傾訴的委屈，我想要說些什麼，喉嚨卻像被堵住了，眼淚也模糊了視線。「滴滴滴」，手機頁面上顯示著一分一秒流逝，這一刻，我感受到了時間過得好慢好慢。「呼」，窗外，煙花盛開在諾大的夜空中，一切喧囂停止了，時間彷彿凝固，「媽，中秋節快樂。」

時間就像緊握在手中的流沙，無論如何努力，他都會從指縫間悄然溜走。「快點兒！她時間不多了！」剛下班接到醫院來的電話，趕到醫院時已是黃昏時分。我坐在病床前，看著她消瘦的身子，花白的頭髮，滿是皺紋的臉，心中有股情緒難以言說，母親枯瘦的手已沒剩多少力氣，卻把我的手緊握住，努力睜開雙眼，儘管視線早已模糊，我與母親略暗淡的眼神對視，憶起曾幾何時，她眼神也光彩奪目過，能夠想像以前母親在床邊抱著我，給我唱搖籃曲，雖然給我買的玩具都是女孩子玩的。夕陽在病床前落幕，我低下頭，抽泣聲回蕩在冰冷的醫院，「滴答滴答」，眼淚掉落在地板，心電圖不再起伏，回復成一條直線。這一刻，我多麼希望時間能夠停滯，哪怕只是慢下來，多一分一秒也好，可惜時間不會回頭，他只會快點兒，再快點兒，不停的往前走。

這世界總是不停催促著我們快點兒快點兒，等我們加快腳步往前走時，回頭望去，卻遺漏了許多人和事，這時候再去後悔，想要逆轉時間，便追悔莫及了，而我們唯一能做的便是，珍惜當下，放慢腳步，讓時間慢下來，感受身邊的人和事，所以時間是什麼不重要，重要的是我們如何利用時間，感受時間與享受時間，所以當世界都在催促你快點兒的時候，我想說請你慢點兒。



〈快點兒〉

5C 吳佳凌

「快點兒，別讓流光把腳步虛擲。」

時光匆匆，如白駒過隙，稍縱即逝。在歲月的長河中，「快點兒」的呼喊仿若聲聲不息的浪濤，不斷拍打著成長的堤岸，時刻提醒著我們不要虛度光陰。

往昔的記憶悠悠鋪展，「快點兒」宛如靈動的詩韻，在成長的錦緞上細細描摹。猶記幼年的鄉間歲月，那是一段充滿田園詩意與質樸情感的時光。晨霧還在草尖上氤氳繚繞，宛如一層薄紗輕輕地覆蓋著大地，祖父便帶著我邁向那方菜園。

祖父年逾古稀，精神卻比一般同齡人要好得多。他身材瘦高，脊背像被歲月打磨過的老榆木，始終挺直著，撐起一片堅毅。稀疏的銀發整齊地向後梳著，露出寬闊而飽滿的額頭，那上面縱橫交錯的皺紋，像是歲月刻下的神秘符文，每一道都訴說著往昔的故事，那些故事里有他年輕時的奮鬥，有生活的酸甜苦辣。他的眼睛不大，卻深邃而明亮，猶如藏在深山裡的兩泓清泉，透著歲月沈澱後的睿智與溫和，彷彿能看穿世間的一切虛妄，又能包容生活中的所有不完美。臉上的皮膚因常年的風吹日曬變得粗糙且黝黑，像極了那片他辛勤耕耘的土地，那是他一生辛勞的印記，也是他與土地緊密相連的見證。

祖父走路時，步伐輕盈且穩健，仿若與清風相和，每一步都似奏響大地的音符。他走在前面，那身影在晨霧中若隱若現，彷彿是一位從古老畫卷中走出的仙人。他不時回首，口中逸出的「快點兒」，宛如破曉時雲雀的啼鳴，清脆而急切，又透著無盡的溫和。他的眼神里帶著期許與鼓勵，嘴角微微上揚，那笑容像是清晨第一縷陽光，驅散我心中的慵懶，讓我感受到一種無聲的力量，催促著我跟上他的步伐。

我像個懵懂的小孩，急切地跟在他身後。路邊的花草恰似勾魂的精靈，紫的小花在草叢間星羅棋布，宛如天幕墜下的碎星，閃爍著微小卻迷人的光芒；嫩綠的小草在微風中搖曳生姿，似在殷勤地招手，像是在邀請我停下腳步，與它們一同嬉戲。年幼的我不禁放緩腳步，想要一探究竟，我的目光被這些小小的生命所吸引，心中滿是好奇與驚喜。

祖父見我落後，皺起眉頭，眼神中多了一絲焦急，但仍不失溫和地催促：「快點兒呀！今個兒菜園子里的活可多著呢。」我雖然心有不甘，但也只能加快步伐。還沒走幾步，一隻彩蝶翩然而入眼簾。那蝶兒雙翅斑斕絢麗，似是造化以神來之筆繪就的絕世丹青，色彩交織在一起，構成了一幅美輪美奐的畫卷。它在花叢間輕盈曼舞，仿若花間的精靈在嬉戲，它的舞姿輕盈而優美，彷彿在向世界展示著它的自由與靈動。我頓時被其吸引，腳步仿若生根，再也挪移不得，我的心思完全被這只彩蝶所佔據，腦海裡只想著欣賞它的美麗。

祖父回首見狀，便疾步折回，輕輕牽起我的小手，語調里帶著不容置疑的堅決：「快點兒！蝴蝶什麼時候都能看，菜苗可不能耽擱半點。」我滿心的不捨，卻也只能被祖父牽著前行。祖父的手粗糙而溫暖，那手上的老繭是他多年勞作的痕跡，他緊緊地握著我的手，彷彿在傳遞著一種信念，一種對生活積極對待的信念。

到了菜園，祖父宛如一位諳熟農事的宿老，眼神中滿溢著專注與深情。他手持水瓢，那姿態嫺熟自然，仿若水瓢是他手臂的延展，他與農具之間彷彿有一種天然的默契。水瓢中的水在晨光下閃爍著碎銀般的光，歡快地躍向菜苗，發出清脆的聲響，恰似水與菜苗的喃喃細語，這是一種自然的對話，是生命與生命之間的交流。我也學著祖父的模樣，祖父那裏挾著泥土芬芳的「快點兒」在晨光中悠悠回蕩，令我於勞作之中品咂出與自然相契的妙趣。這「快點兒」恰似祖孫間田園生活的溫馨序曲，奏響了我們祖孫之間獨特的生活樂章。

「快點兒」，於祖父的口中，是對生活熱忱與敬重的傾吐，是冀我珍視光陰、體悟生活的質樸期願。它宛如生活樂章里連綿不絕的音符，絕非惱人的噪聒，而是飽含希翼的催徵，恰似時針滴答的節律，使生活的旋律緊湊而有序。祖父的一生都在這「快點兒」的節奏中度過，他辛勤耕耘於鄉間土地，每一個「快點兒」都是他對生活的積極回應。他的每一個「快點兒」，都是在光陰的土壤里播撒希望的種子，是用勤勉的汗水澆灌成長的禾苗。他深知時間的寶貴，明白只有抓緊每一分每一秒，才能讓生活變得更加充實，才能收穫更多的成果。

在祖父的聲聲「快點兒」里，我看到的是一種積極向上的生活姿態，一種對歲月敬畏又熱愛的生命哲學。那不僅僅是對當下事務的敦促，更是對未來的負責，對夢想的執著追求。祖父用他的一生向我詮釋了「快點兒」的真正含義，他在有限的時間里，創造了屬於自己的豐富的生活畫卷。他的勤勞、他的堅持、他對生活的熱愛，都融入到這一聲聲「快點兒」之中。

這一聲聲「快點兒」，如同燈塔之光，穿透歲月的迷霧，在我成長的道路上長久地指引著方向。於我而言，「快點兒」已不再是簡單的催促，而是一種內化於心的力量，激勵著我在人生的旅途中，無論是面對繁花似錦的坦途，還是荊棘密布的困境，都能像向著晨曦奔跑的赤子一般，懷揣著對生活無限的熱愛與憧憬，猶如繁星在夜空划下璀璨的軌跡，朝著美好的未來堅定無畏地大步前行，永不止息地去追逐夢想、書寫屬於自己的輝煌篇章。我知道，只有保持這種積極的生活態度，才能在自己的人生道路上創造出屬於自己的價值。

窗外的微風吹起了日曆的一角，用紅筆標上的記號隨着風的擺動顯露在我眼前又迎來一年生日，生日當前我總不知足，貪婪地盼望着新一年的來臨，因為我的願望是快點兒長大。

年幼時我總是被大人賦予着「稚嫩」、「純真」的標籤附加在我身上，這些標籤就如橡皮糖一般甩也甩不掉，這也導致在平日裏正因為有年齡的限制，被大人拒絕道：「你現在還太小了，等你以後長大吧。」等等字句，這些話語伴隨了我整個童年，但我也因此一直牢記在心中，只想快點兒長大，想知道長大後的世界究竟有何不同，隨着年齡的增長，但人們看出我有長大的跡象，我才能夠逐一擺脫這些束縛我已久的標籤，踏入下一個青春期的階段。

正值青春期的我，好像又迎來了新一輪的標籤「叛逆」我坐在課室窗邊百無聊賴地觀察着過路的行人，綠燈一閃一閃的越來越快，他們的步伐也從慢步急速地跑了起來，直至轉變紅燈，他們一手拿着咖啡，一手拿着工作包，像是只屬於成年人的象徵物，這讓我羨慕不已，回家後的，我嘗試裝扮成他們的模樣，模仿着他們的言行舉止，看着鏡中的自己，我樂呵地笑了，同時亦憧憬着未來的我也是這般模樣。而青春期的我總有一鼓作氣的想法，幻想着自己能像電視中出現成功的創業人士一樣，不想讀書，不想做任何父母為我事先安排的路，想早日出到社會闖出自己的一番天地，但得來的回應只有堅決拒絕的態度，大人的不理解與我的想法產生衝突，最後這次的談判不歡而散地收場，當下的我沒有勇氣對他們做出反抗，只可以埋怨年齡的限制，如果能夠快些長大成人我就能決定自己的路，不用顧慮這些，這個想法在我腦中圍繞着，令我只想快點兒逃離這個牢籠，快點兒長大，快點兒工作，快點兒獨立。

直至我到了工作的年齡，我才明白兒時的輕鬆。在拿到成績表時結果和我預想的一樣，我對家人的勸阻視而不見選擇去工作，也許因為新鮮感的加持我每天任勞任怨，鋼鐵十足，想證明及家人看，但花也會枯萎，即使是鐵人也會倒上，在日積累月的工作下我開始感到厭倦，只有下班的時候才能有屬於我的私人空間，我常常在夜裡埋怨自己、埋怨當下的狀況，後悔曾經所做的選擇，甚至無法共情兒時的自己，我常常後悔，但事已至此，我唯一可以做的只有繼續前行，一日的疲勞很快就向我的雙眼襲來，進入夢鄉後又回到熟悉的課室，我仍然坐在窗邊，但這次我選擇把看窗邊的視線拉回了黑板前。

太陽從山底升起新的一天開始，時間就像拼下了快速鍵一樣，迫使看我不斷成長，但快點兒的想法依然在我腦中浮現，不同的是，如果可以，這次我想快點兒回到過去。

〈一位令人難忘的老師〉

2D 杜嘉樂

在漫長的學習之路上，我曾接觸過不同形形色色的老師，有一絲不苟的，幽默風趣的，細心溫柔的。但最令我難忘的便是我中一的中文老師申老師。申老師個子不高，總是一副笑咪咪的慈祥樣子，令人感到和藹可親。她的長發有點卷但總是扎得很整齊。第一次見她，我心中其實有些疑惑，這麼溫柔的老師真的可以教好我們嗎？

事實證明我錯了，申老師上課時雷厲風行，課堂內容豐富，讓本來對中文提不上興趣的我眼前一亮，竟然開始想探究更深的語文問題。但現實往往令人無措，努力學了一個多月語文的我，在月考中也只取得了普通成績，我又失去了信心。那時的我無精打采，是她如一束光照進了我的世界。她溫柔地說：『你以為自己沒有進步但你的成績卻比以前提升了，為什麼還要自暴自棄呢？』我反應過來，別人獲得優異的成績是因為他們努力學了幾年，我這種只用功一個月的怎麼能比呢？

從那以後，我又發奮圖強，在申老師的幫助下語文成績甚至可以穩定在年級前三。一直到現在我的語文答題才技巧也離不開申老師的教導。這是為什麼她令我如此難忘吧，我的生活里到處都是她的影子。

當然最令我難忘的還是關於我丟失的那瓶防曬霜。事情是我的防曬霜在秋游時莫名消失，我頓感不解。我記得自己放在櫃子裏了呀！怎麼會不見呢？直到兩個月後我在室友的櫃子裏發現了消失的它，我便心知肚明。當時我和室友都沉默了。但我並沒有為自己討回公道，原因很簡單，室友小妍是申老師的學生，每個班的班主任都會護着自己班的學生多一點。所以我害怕因此影響和室友還有申老師的關係。

最後我並不知道申老師是如何知道此事的，可能是其他室友說的或者是小妍自己認錯的。我得到了該有的賠償，我申老師當時還說了令我終身難忘的話：『人心是偏的，但在法律面前人人平等，一時的膽怯換來的只有他人的更多打壓，如果你不主動說出問題，只會讓自己委屈，該受罰的人卻仍然毫發無傷，嚴重的話可能會繼續犯錯。』

再後來就到了學期末，我得知自己將要轉學，我對申老師依依不捨，流下了分離的淚水，臨別時申老師拉着我的手，用第一次教導我的語氣對我說：「孩子，你要知道，亦師亦友，從現在起我們便是朋友，我想以朋友的身份送你一句話『海內存知己，天涯若比鄰』只要人心在，距離並不是問題。」

我們相處的時間只有短短一年，但她卻最讓我難忘。我忘不了她的溫柔，善良和公正。我想我會記得她一輩子，因為那顆感恩的心。

〈與時間的溫度〉

3B 陶家莉

時光流轉，我匆匆涉水而過，披星戴月而歸，臉上盡是疲憊。只是遙望著故鄉的明月，看它透過窗紗灑下的碎屑，心底便泛起幾分溫情。

我自小便與外公外婆生活在一起，那是一個有青磚紅瓦和竹林的村莊，每次竹林中泛起的風將思念過濾了一遍又一遍，撒入黝黑的土壤，金黃的麥子是農民的潮汐、風吹麥浪，並將希望寄寓在顆顆飽含深情的種子裏。

哺育著一代代的人，村民們深深地愛著這片土地，我的家人也生活在這裏，這一方麥田中，欣賞著「夜來南風起來，小麥覆隴黃」的美。

每年我都喜歡和外公去壓麥苗。東方欲曉時，外公帶著我到地裏開始忙活，將沉重的石碾壓在柔弱的幼苗上，再回頭時，身後的田埂上早已倒下一片綠色，外公總笑著和我說「咱家把麥子藏進這土裏啊，明年總會豐收。」我不理解，只覺得這被壓彎的麥苗有些可憐。

後來離開了外公外婆的身邊，去到了很遠的地方，眼前的一片金黃變成了書海茫茫，我只能默默地思念有外公外婆在的故鄉。

幾年過去，再回到那裏，我隔著車窗，望著橘黃的天，門前的麥田仍舊一路綿延，買梢金黃，槐樹下的老人正徘徊張望。

我和外公外婆漫步在田埂上，搖搖欲墜的夕陽映著我們拉長的影子。他們費力的操著普通話，認認真真的講述著從前的故事。他們說他們的麥子，他們的玉米，他們種的果蔬……講起來如數家珍。「今年又是大豐收，壓過苗的麥子就是不一樣，壯著哩！」他們說這麥子壓過之後，養分就集中在根部，這樣他們才能抵禦寒冬，來年長的更旺盛。他們的話在我的心中回響，看似殘酷的壓碾，實則是對生命的呵護呢！我翹首望著田埂上靜默的麥子，想想這些日子壓在心中的所有焦慮、重荷，突然有了幾分的釋然，有了幾分堅定。

當我踏上了離開的路時，外公拿了一束麥穗交給我，我緊緊地握進手中。老人一生沒離開這片土地，守著他的一隅麥田，望著麥花開了又一季又一季，他對這土地愛的深沉，時光給了他滄桑，他卻窮盡一生賦予了這片土地以溫暖。

歲月之羽，掠過時間的河，撫過一片浩瀚星海，歲月斑駁處，是你，溫潤了時光。

回憶懷舊

〈一場誤會〉

1B 陳穎欣

在學校裡陳小美和劉大強發生了一場誤會，無心的言語，竟在無形中種下了誤解的種子，讓我們的友誼出現了變化。

這天早晨大家都在交作業，可這時劉大強去上洗手間，他的作業放在了桌子上，陳小美去他的桌子上收作業。

到了午息的時候劉大強想拿錢去小賣部買點喝的，可錢包卻不見了，劉小強就想到陳小美來過來他的桌子，認為是他偷的，就去告知老師，老師找到陳小美說了這個事，她極力解釋錢包不是她偷的，劉大強又在他自己的位置上找了一遍，結果劉大強在他的書包空格裡找到了錢包，陳小美也看到了，劉大強最後真誠的向陳小美道歉，他們也和好如初。

劉大強在這件事情學懂一個道理，沒有足夠的證據不可以亂說別人也不要因為猜測就去誤會別人。別人被誤會也會很難過就像小鳥一樣傷心的飛來飛去。

〈一場誤會〉

1B 林詩茵

陽光照在小賣部裡，一群學生正排著隊買東西。陳子美請林曉慧吃東西，陳子美要去音樂室幫老師做事，所以把自己的錢包交給林曉慧來保管，讓她吃完東西後去教室幫她把錢包放進書包裡，說完陳子美就走了。

當林曉慧拿著錢包走向教室時，剛好被王心宇看見，他死死盯著錢包不放。過了一會兒，陳子美回教室發現錢包不見了，就氣呼呼的找到林曉慧，說到：你是不是拿走我的錢包？你怎麼可以這樣？林曉慧聽完後一臉不理解，之後陳子美找到了老師，老師認為林小慧不承認，就記了他一個小過。但林曉慧不服氣，就決定查學校的監控，發現心思極壞的王心宇偷走了陳子美的錢包。林曉慧讓老師看了這段監控，於是老師給了林小慧一包零食作為歉意並取消了小過。還告訴了陳子美，陳子美也表示很抱歉，最後兩人還是和好如初。

生活中，我們不應該只看事情的表面就妄下結論。有時候，事情的真相往往隱藏在表面之下。我們應該學會用心去觀察和理解他人，避免因為誤解而造成不必要的突和傷害。

〈棗樹〉

1A 朱子妍

空氣中的棗香如影隨形，將正在夢鄉中的我揮揮手拉回現實。隨之而來的，是「轟隆隆」的聲響，宛如雷霆萬鈞。我探頭望去，才發現家門口的那棵棗樹竟要被砍了。

我三步並作兩步，急急忙忙往下走。眼前，媽媽正凝視著棗樹，樹葉在電鋸的轟鳴中飄落，似乎在為即將失去的生命哀悼。我不禁困惑地再次望向媽媽，心中充滿疑惑：「媽，這有啥好看的，我們回去吧。」然而，媽媽卻執著地站在原地，目光如炬。我隨著她的視線望去，除了飄落的樹葉和成熟的棗子，似乎一切都顯得那麼平常。

就在此時，媽媽開口了，語氣中透著一絲懷念：「唉，這棵樹還是我種的呢……」那時的她還是一個小豆丁，活潑可愛。有一天，鄰居阿姨給了她一顆棗，媽媽蹲下身來，滿心期待地問：「妞妞，你覺得這顆棗好吃嗎？」她小心翼翼地端詳著那顆棗，陽光灑下，水珠在果實上閃爍，彷彿是璀璨的鑽石。當她將這顆棗放入口中，咬下去時，「咔嚓」一聲，棗肉如薄冰般脆嫩，香甜的滋味瞬間佔據了她的味蕾。「嗯！」媽媽好吃得眯起眼睛，「這個棗真是美味！」不禁發出一聲聲讚嘆。

鄰居阿姨看著年輕的媽媽，忍不住笑了，溫柔地摸了摸她意猶未盡的樣子。「阿姨，你這顆棗哪裡來的呀，真好吃！你告訴我，明早我和我媽媽一起去買。」阿姨搖頭笑道：「這顆棗可不是隨便能買到的，這棗是你張姨自己家種的，摘了幾個讓你嚐嚐味。好吃是吧？那咱明早去集市也買一顆棗苗回來自己種。」媽媽聽後，心中充滿了喜悅，迫不及待地回家了。當晚，她躺在床上，翻來覆去，無法入眠，幻想著樹上結滿香甜可口的棗子的模樣，心中充滿了對未來的期待。

第二天，她們來到集市，精心挑選了一株樹苗。買完樹苗，母女倆一路歡聲笑語，回家的路上，年輕的奶奶也出來，笑著說：「芬姐，不如就種在我們兩家中間吧，寓意我們笙磬同音。」頓時，兩人爽朗的笑聲如銀鈴般在空氣中蕩漾。

「砰！」棗樹轟然倒地，將媽媽的思緒打斷。此時，一顆小棗子滾落在她腳邊，她撿起來，輕輕擦拭後放進嘴中，閉上眼睛細細品味。「嗯，和從前一樣的味道。」一滴淚珠從媽媽的眼角滑落，卻又迅速被她擦去，似乎不願讓人看見這份脆弱。

「種完那棵樹後的兩三個月，鄰居阿姨便去世了。」媽媽的聲音低沉，帶著一絲無奈，轉身回屋。那象徵著「鄰里和諧」的棗樹如同她心中的回憶，悄然倒下，讓人感到惋惜。如今的社會，似乎也如同這棵樹，兩代人對鄰居的感情漸漸變得淡薄。在這快節奏的生活中，誰還能記得那份純粹的鄰里情誼呢？

〈失敗的比賽經歷〉

2B 李弘鋒

成功的要素是努力？是天賦？還是什麼？我覺得是努力和勤奮。在成功的過程中，我們一定要有努力付出的汗水的，不然世界便不公平了，努力才能成功。

在我的第一場的籃球學界中，我們在上半場評分差不多。但在下半場中，我們一度與對方拉開比分。然後，我們十分順利地勝出進入八強。我們本以為我們十分強大，所以我沒有緊張和感到十分輕鬆，但賽後教練說我們不要太過輕敵。

在第二場比賽中，我們首節便大比數落後。突然，我感到很大的壓力和巨大的無助感。在中場休息時，教練說：『這便是你們輕敵的。』他說：『對手只是不放鬆，十分認真地投入在這場中，可以在上半場將分數逆轉。』我們的上半場打得太過放鬆了，我們要發揮自己應有的實力。

在下半場中，雖然沒有把比分反超，但我們所有人都拼勁全力去認真對待這場比賽中。但在哨子聲響起後，我便知道這場比賽結束了。我感到十分無助和失落。這時，老師便安慰我們，他說雖然我在這場比賽中，沒有勝出。但在這次失敗的比賽經驗，我們學會了很多道理——『強者總是認真，放鬆的是失敗的』。最後，我們止步八強。我們在賽前不應該太放鬆和不應該輕敵，我一定要認真地面對所有的正式比賽。

在這次學界比賽中，我明白了成功的要訣是不輕敵，不放鬆和不馬虎，強者總是認真的。



〈解藥〉

3C 源麗茵

夏雨的傍晚，一陣風吹過，躲在樹葉上的雨水，被風牽動，順勢打落在地上，彷彿在樹下下了一場局部陣雨，有了大自然的配音，油煙機嗡嗡的叫聲也沒有那麼難聽了，除了廚房，家中也有一處地方天天響樂，爸爸在房間裏熄上燈，戴上漏音的耳機，彷彿他就是四大天王，就算歌曲早已播完也不要緊，繼續循環播放。媽媽在準備晚餐，油鍋一熱，鋪上幾片切好的豆腐，煎定型後，再將它輾轉到另外一面，雖然我的高度才勉強看到鑊裏的情況，但我仍然拒絕不了這般香脆的豆腐。她的餘光往我這一撇，直接鏟走了豆腐的四角，裝滿我半個手掌，趁我的神經還沒有反射，我連忙往嘴一送，手往褲子抹了抹，回味無窮。

媽媽將豆腐裝好上碟，連忙叫我將菜端出去，我扮演小二，端完菜再趕忙回到廚房看看還有什麼代發的任務，媽媽卻像看見醉漢進來客棧搗亂一樣，趕走我出廚房，生怕我碰到那些滾燙的油鍋和各種管制刀具。我只好返回到飯桌上，剛剛出來在看手機的爸爸好像還略帶期待的眼神，但他見我端來一碟比他老婆還要無聊的煎豆腐，桌上還只有孤伶伶的一碟菜時，只好低頭擺弄着連接失敗的耳機，看着他未刮的鬍鬚，我就奇怪到底媽媽怎麼看上他的。

我也想學像媽媽那樣在廚房修煉，就直接夾了塊豆腐放在一旁電磁爐加熱面板上，豆腐在面板上擦拭，煎出了略帶致癌香味的豆腐，爸爸見這，用手拿了一塊豆腐，並表示不夠脆口，於是我加大電磁爐的火力去到最大。我正沉浸在這別有風味的體驗時，結果媽媽從廚房走出來端上剩下兩個菜的時候看了我一眼，先是震驚之後略帶點怒氣地說：「爐面不僅骯髒，而且不能直接接觸食物啊，而且這樣會致癌的！」

爸爸貌似在另外一個時空，什麼話也沒有說，只是一味地用筷子挑來挑去，媽媽將好吃的部份大多都夾了給我，他什麼都沒有夾到就來氣了，大罵給了錢媽媽也不會多做菜給他吃，看着他，我對他的怨恨也生了出來，他沒有阻止我的死亡，而當我聽到致癌二字，我虎軀一震，我看着生氣的媽媽，打開雙臂，抱了媽媽一陣子。媽媽見狀，剛才在爸爸面前他只是苦笑，但這次她臉上一楞，先是輕輕摸了我的頭，之後又慌忙地解去圍裙，緊緊抱着我。

此時我的靈魂卻處於風暴之中，不停在想致癌死了怎麼辦？我依舊留戀著小學放學跑去小時候媽媽帶過我過去的公園玩耍、還有每天放學回來見到媽媽、吃到媽媽做的飯菜。那時候不懂死是什麼，認為這樣會失去一切自己重要的事物，因為那時的記憶充斥着媽媽的身影，媽媽問我怎麼了，我說我死了怎麼辦？她不語，之後她從客廳的水果籃拿了一顆梨，她跟我說：「吃完之後就沒事了，梨是幫你治病的呢！有了梨，我們永遠也不會分離，你永遠都可以見到媽媽啦。」母親的話語總有一種說服力，甘甜在我的口腔裏傾瀉而出，但我還是很害怕梨過期失效了，狼吞虎嚥地吃了滿地梨汁，分不清什麼是梨汁什麼是我的淚水。

一旁的媽媽叫我慢點吃，自己的臉頰也留下了頑強的一滴眼淚，那滴淚水，滴落在媽媽被菜刀划傷的手掌，隨着淚水的深入，她的婚姻的傷口也越發刺痛，這次她也仍舊選擇了啞忍。她告訴我要好好照顧自己，原來媽媽把我當作貴客一樣招待，平時炒菜害怕我弄傷就趕我出去，今次她叫我以後要多進廚房看看熟悉。好像出生到現在沒有將關心掛在口邊的媽媽，原來都在用行動來呈現，只是我一直沒有發現。

那一晚可能是我睡得最安心的一晚，媽媽和我睡在同一張床上，散發出一種令人陶醉和安心的氣味，在我察覺不到的地方，她會用手枕著我的頭，側身讓我可以抱著她入睡，給我重新蓋起踢開的被子，又在看不見的地方，只能在深夜的睡床上久久未眠，媽媽這個年紀，在熱烈的青春不過體驗了幾年，去計劃退休的生活又言之過早，進退兩難的媽媽，只能用時間去忘卻，有個女兒，生活中有點盼望，就將怨恨和思鄉用掃把掃進牆角，不見天日。



〈一個令我震撼的場景〉

3C 邱耀政

元朗宏樂街電纜橋於1992年啟用，連接朗屏邨及東頭工業區，主要輸送電力至屯天元各個區域，當中也包括鐵路。2022年6月21日晚約7點，我出門散步，途徑朗屏站附近時，望向天空發現，橙黃的光芒在朗屏站對外冒出，夜幕籠罩，此乃何物現身？

突然，我聽到有警鈴聲傳出，我嘗試走過去一探究竟，發現有許多途人在舉著手機，如罰球般的人牆在錄影，更有些老人家發出「嘩嘩」聲在感嘆。我努力從人群的空隙望去，大火！整條電纜橋起火，我可以從路人眼中看出他們極之震驚，我也不例外。後面陸續有消防泵車到達，十萬火急，刻不容緩，石火電光、火光四溢間伴隨著消防車警燈閃爍，熙熙攘攘的人群圍觀，眾多噴槍、泵槍及滅火機械人都在運作。附近有大廈停電，現場濃煙滾滾，以著火點為中心，引人注目，成為「萬花叢中一點綠」，同時也是「全元朗的燈」。

過了段時間，電纜橋火勢並未得到控制，當中更傳出多次「碰碰」的爆炸聲，嚇得圍觀的街坊後退了幾步。現場散發著濃烈的燒焦味，非常刺鼻，天空中污濁的濃煙，如原子彈爆炸升起的蘑菇雲樣，電纜橋傳出疑似撕裂的「啪啪」聲，是高溫膨脹導致的，烈火燃燒的「呼呼」聲都在代表著這場大火並不好對付。消防源源不斷的供水，「化化」聲不停的泵槍，也讓我理解消防的努力。現場著火散發的熱氣逼人，焗熱的環境使得我返回家中，萬幸，家裡並沒有停電，這場突如其來的大火是真正地令我震撼，十分震撼。

這場大火燒至晚上近9點救熄，受事故影響，屯門，天水圍、元朗出現大停電，不少屋苑，商場、港鐵都沒有電力供應。網絡無信號，升降機困人，警鐘鳴響，在家中的我也不停留意新聞，中電也全力搶修，恢復供電，而電纜橋也因火燒而倒塌，屯馬線有列車滯留在軌道上行駛不動，當中有我的家人。這次大火造成嚴重的「屯天元大停電」，我個人猜測是自然，6月正是夏日炎炎，電纜橋因暴曬而自燃著火，最後中電亦有向受影響的家庭、單位設有補貼。今時今日的現場，電纜橋已不復存在。在這次令我震撼的場景中，證實了一句話「永遠不知道意外和明天哪一個先來」，同時也敬佩參與救援的人員無私的奉獻，一場火災並非像電影般簡簡單單就消滅，生活也一樣。



〈一次遲到的經過和體驗〉

4A 葉紫郡

天氣很晴朗，鳥兒早起來去尋找食物，我也踏上上學的路途。路上一切都很順利，沒有堵車，沒有排大長隊，7:25我已經到了巴士站的排隊處。

陸陸續續，人也多了起來，有我們學校的學生，有其他學校的學生，還有去香港遊玩的旅客，都在等待二十分鐘的那一班車。

但是，意外地45分了車也沒到我往外望，想看到大巴的影子，卻什麼都沒有看見，此時我的內心開始焦急。同樣的，我校及其他學校的學生也開始焦急。

快到8時整，別說車了，連影子都沒有看見，大家遲到是必定的。原來因為車胎壞了，下一班不知道什麼時候才能來，我提前跟老師說明了情況，靜靜的等待著。

終於8:10，車來了。因為我提前跟老師講了，所以我並沒有很慌張。坐在椅子上用微信和朋友聊天。這不是我第一次因為事故而遲到了。上一次是因為虹橋那邊出了車禍，導致我們在路上堵了一個小時，這一個小時是最痛苦的。

半個小時後，一車人順利到達屯門市中心。我看了看，有八、九個我們學校的學生。每一次遲到都是大部隊，有種令人安心的感覺，這種安心的感覺就像母雞帶著小雞過馬路一樣。

等到了學校，又是一個大場面，一群人排隊登記遲到。能看得出當值老師很忙碌，一下找這個，一下問那個。

最後，因為是交通事故，我沒有受罰。我這個人很不喜歡遲到，從小到大沒有一次是因為自身原因而遲到的，全是外在因素。

我認為遲到是很不尊重的行為，因此無論什麼事情我都會提前到場。

天氣很晴朗，鳥兒忙了一天，要回家休息了，我也要踏上回家的路程了。



〈熱鬧過後，我卻感到失落〉

5A 黃曉鈞

明明一切是多麼熱鬧，同學的喧鬧、七彩的燈飾、車上導遊的解說，但在那之後我卻感到無比的失落，那時的我不懂為何會有這種感覺，如今我終於明白。

那是我小五時學校舉辦的上海境外交流團。從清晨起床集合到出發，可能大家都很期待興奮，因此從未消停過的熱鬧也注定整趟旅程都會吵吵鬧鬧。操場上，有的同學在與家人道別、有的同學在喋喋不休地訴說自己興奮的心情，即使老師要點人數，同學也不能好好排隊。天色因應時間漸漸變亮，出現一縷陽光，小鳥們開始孜孜不倦地鳴叫，微風拂過樹葉的聲音淹沒在各種喧鬧之中。我當然與同學持有同樣的心情，無比期待接下來的旅程。

到達後，導遊在旅遊巴士上正講解行程的景點，說到會到上海外灘時，校長突然提出要唱「上海灘」助助興，同學們馬上起哄，本來就不安靜的車上更加吵鬧了。我們去了一個名為田子坊的地方，本來幽靜的街道因我們的到來變得十分熱鬧，小小的店鋪也被同學們擠爆，甚至能聽到有些同學在和老闆討價還價。身穿校服的人們瞬間充滿著田子坊的各個小巷裡。景點一個接一個，到了吃飯的時間，我們去的是一家酒樓，因人數太多，我們被分成很多桌。在餐前，老師教導我們餐桌禮儀。不久，香噴噴的飯菜被送上了桌，嚐到後大家都忍不住讚嘆：「嗯！很好吃呢！」之後，我們到了最後一個景點——上海外灘。到的時候已經是晚上，建築物都散發著七彩繽紛的燈光，街燈也像星星一樣閃亮。大家都趁這個機會找自己的朋友合照，背景的東方明珠塔和不斷經過的帆船都發出彩色的光芒，特別耀眼。

到了另一天中午，旅程中從未消失過的熱鬧正慢慢減退，終於踏上了回去的路上。在飛機上，寧靜的空間裡，不少同學都睡著了，連能和我聊天的朋友也睡去。無事可做的我靜靜望向窗外，不知道看了多久，天空的顏色從藍天白雲，漸漸染成晚霞昏黃的顏色，再到降落時天色已轉變為黑色的夜空。在回程的時間裡，我陷入了沉思，不知為何心裡有種說不出的異樣感，仿似有種若有所失的感覺。明明此時的心情應是很快樂的，為何我會感到如此失落？

那時的我不懂，如今我終於明白。那時的感覺是因為不捨得那段快樂的時光轉瞬即逝，明白到若再有機會到上海，或許事物不再，或許人物不再，不可能是再與一眾小五的老師和同學同去，或許還有聯繫的已寥寥無幾，所以才要更加珍惜與捉緊現在的美好時光，更加珍惜身邊的友誼。



〈街燈〉

6B 邱鈺怡

「街燈」雖是一件平常事物，在不同的街道總能看到它的身影，可跟隨着我的成長，它還像兒時一樣嗎？

「寶貝，你等等外婆，不要跑太快，小心受傷。」外婆的聲音總是不知厭倦般傳進我的耳朵裏，無奈之下我只好停下等等這小老太。看著走在橙黃色街燈下的外婆，一時之間似乎擦掉了她眼角的皺紋，溫暖的氣息撲面而來，差點以為見到年輕的外婆了呢。如果這溫暖的燈光能讓外婆的腰好點就好了，我心裡想著。

這時，外婆慢慢牽起我的小手，在街燈的照耀下有著很大區別的兩雙手，在此刻，牽動祖孫兩人的思緒。外婆的眼裡流露出一捨的情緒，但那時的我並不懂這是什麼意思，一臉童真的我望著外婆，蠢萌的樣子逗得外婆哈哈大笑，她摸著我的頭，又看了看頭頂的街燈，說道：「外婆見過太多變化了，現在只希望我的寶貝可以快樂長大。」不想深究背後含義的我拉著外婆的手，一步一步地走進溫暖的世界裡。

一眨眼的功夫，我終於升到中學啦，第一天放學就看到熟悉的身影，我連忙撲進外婆的懷裡，興高采烈地說學校的新奇事兒，一張小嘴叭叭說個不停，直到聽到肚子咕咕叫才肯罷休。小眼一轉，摸了摸自己的小肚，指著路燈賴皮道：「這個街燈照得我餓了，現在需要能量之源——漢堡，才能繼續保衛家園。」外婆聽著我一派胡言不得不給我點了個讚，說我這腦袋瓜子怎麼轉得這麼快，破例帶我去吃。我聽著頓時眉飛鳳舞，默默也給我的好幫手街燈點個讚。

可不知何時，燈變成了白色，我也變了。

中六的時光一會兒就剩最後四個月，每天忙碌的生活壓得我快喘不了氣，陪伴我的除了知識，就是街道的路燈，見證著我從懵懂少女成為大姐姐。一次週五的放學，等我從學校出來，天空早已戴上黑色的面具，和月亮小姐用星星下五子棋。抬頭看他們時，不經意被門口閃著白色燈光的街燈吸引注意力，腦海裏一時想不起來究竟暖黃色的燈何時變得如此冰冷。

回到家，我和外婆說起此事，她一邊摸著自己的腰一邊回答我：「早就換掉啦，只是你太忙了沒有留意到。」聽完我的視線不自覺看向外婆，突然發現外婆的白髮越來越多了，臉上的皺紋更是藏都藏不住。我連忙帶著外婆下到街道的燈下，白色的燈光照耀著外婆滿頭的銀絲，給予我一個驚天的秘密。此刻的我目瞪口呆，摸著外婆的手，歲月的足跡充分體現在這雙蒼老的手上，不爭氣的珍珠從眼角溜出，滴在外婆的手裡，更滴進她的心裡。

她不懂為什麼我突然哭，只希望我能快樂成長。我一定要對外婆好一點，不能再這麼忽略她了，我心想著。在白色的街燈下，我和外婆二人緊緊相擁在一起，像極了兒時在暖黃燈下的我們。

時光在變遷，我們也在變化，但唯有家人愛自己的心不會變；街燈雖是平常事物，但跟隨我的長大，燈的意義更是在一點一點改變。

〈再見故人〉

6C 王駿軒

眼前白茫茫的煙霧瀰漫，友人的身影從中浮現。看着眼前的虛影和舊相識的身影，我竟分不出誰才是我真的故友？

我還記得在收到舊相識的邀請時，我的內心是多麼雀躍。睡覺時，腦海浮現的是我們重遇時暢談回憶的畫面；上課時，腦中是我們重遇時愉快相聚的畫面；空閒時，眼中是我們重遇時相擁而泣的畫面……但在見面的一瞬間，那些畫面便隨着「咔」一聲開始破裂，粉碎，隨風而散。

我在餐廳等候他時，心中忐忑不安，不知他的變化大不大，不知我能否一眼便能從人群中認出他，也不知我們之間的默契是否還存在？不知……一聲帶有疑問的「允……允行？」打亂我心中的胡思亂想，抬頭一看，原來是修端，約定好再此相聚的舊相識。修端他的外表並無太大變化，只是眼神中帶了許陌生之意。我並不在意，認為只是時間的距離造成的，待我們聊多兩句，那些陌生之意定會灰飛煙滅。

修端自從那一句稱呼後便默不出聲地用膳，每當我嘗試展開話題，化解我們之間的隔閡時，他總以「哦！」、「這樣啊！」、「好吧！」這類敷衍的話語搪塞過去。這時的修端根本不像以往那般熱情主動，反而有種疏遠，隔閡的感覺。究竟發生了什麼事？我熟悉的修端哪去了？但認真一想，他可能已經消失了吧！畢竟，熟悉的修端可不會生硬地稱呼我為允行，而是直接稱呼我的別名——「小允」。

回想從前，我和修端休閒地躺在柔軟的草地上，嗅着花草的芬芳，看着天空的蔚藍。聽着夏天的蟬鳴，交流着各自天真的夢想，暢抒己見，充滿着歡聲笑語。如能回到過去拍下這一溫馨的場景該多好啊！但我知道，即使我和舊相識再去相同地方做相同事情，但物是人非，那熟悉的修端已消失，再也不能復刻出當年情景，修端還是修端，但修端早已不是那個我熟悉的修端。

回到現實的餐廳中，眼前的食物還在冒着白煙，白煙中友人的身影仍躺在草地上卻愈漸具象，餐桌對面舊相識的身影卻愈加虛幻。這時我試着最後一次展開話題「你還記得我們最喜歡的漫畫嗎？它昨天出了新的一集，要不我們吃完飯便去書局購買吧？」但修端只用回了簡短的一句「什麼漫畫？」便打破了我最後的期望。我竟現在才發現我的友人，我的故友——「修端」從未離開。我的舊相識，我的故人——修端卻漸行漸遠，再也看不到他的身影。既然如此，除了說一聲「再見」之外，難道還有什麼好說的？

從前我多想再見你一次，但現在我只能和你說一聲「再見！」

言之有物

〈與時間競賽〉

1C 文苦

當我站在了初中校園門口時，我才想起，我已經 12 歲了。在初中的學業與家長的催促下，我仿佛，又回到了與時間競賽的時候。

快看，那個顫顫巍巍的手裏拿着個小本子，正在上校車的三歲小孩就是我。平常，家裏人沒少跟我說：「現在有多開心，上了小學就有多痛苦。」被說多了後，我就非常害怕長大，害怕得整夜睡不着覺，生怕時間一分一秒的從我眼前溜走。又聽到別人說：「日記可以記錄美好的回憶。」小小年紀的我理解成了只要寫日記，時間就不會走，於是我便每天都在寫日記。這是我第一次與時間競賽。

可是，小時候的我並不能做到堅持。每天日復一日的記錄無聊的生活使我感到厭煩，玩心大發的我很快就忘了這回事，再想起來時，我已經步入小學了，那本日記也被我遺忘在某個角落裡了。

當我三年級坐在小學語文考場，正在苦思冥想時。恍然想了起來。得到靈感的我連忙將幼兒園寫日記的事寫了下來，並在考試中獲得了高分。可在暑假就快要結束的最後兩個星期時，我才想起來，已經四年級了。我想做點甚麼挽回這一切，挽回這逝去的時間。我想啊想，想啊想，終於，我想出了可以拍照留影。每天我都拿着媽媽的手機拍啊拍，拍啊拍——拍自己吃的早餐、自己穿的衣服、自己玩的地方。可是相冊滿了，內存也不夠了，媽媽把這些照片刪了，上了四年級的我也沒在管了。這是我第二次與時間競爭。

六年級期末考試有一篇作文，題目是滋味。我一直在奮筆疾書，將自己的見解與引用的名言放上去，竟使我的作文達到了十九點五分的成績，再加上其他幾科的優秀成績，使我得意忘形，這個假期都只顧玩耍，沒怎麼做預習。當我回過神時，已經晚了。當我拼命複習，祈求開學能考好一點時，已經晚了。我只能用盡全力溫習要考的科目，可還是無濟於事。這是我第三次與時間競爭。

回憶到這，我下定了決心。每天複習功課和書，不能浪費一分一秒。人們常說：「時間就是金錢。」在我看來，這句話說的是對的，一分一秒的流逝，會影響到自己的未來。朱自清先生寫的《匆匆》有這樣一句名言：「我們的時間為甚麼一去不復返呢？」時間是流逝的東西，請好好珍惜吧！

〈與時間賽跑〉

1C 蔡潤妮

站在十四歲的門欄上，回首來路，一串串的腳印印證著那句珍惜時間的名言。它猶如一盞指路明燈，引領我從迷霧中走出，邁上星光燦爛的大道。

小時候，我什麼也不懂，每天只知道嬉戲玩耍，任時間像未開墾的荒原，大片大片的荒蕪。不知不覺中，我七歲了，該上小學了。但我卻因此珍惜時間，依然像幼兒園裏一樣。為此，爸爸十分生氣，訓斥我虛度光陰，我卻左耳進右耳出什麼也聽不進去。不久，期中考試來了，我考得一塌糊塗。我卻不以為然，自我安慰來日方長，時間多多。

那天放學，我玩夠了也想起回家，天色已經暗淡了下來。我想去衛生間洗洗臉，剛到門口就呆住了，衛生間的鏡子上用口紅寫了句話：寶貝，珍惜時間吧！花有重開時，人無再少年！

我心中微微一顫：我懂得珍惜時間嗎？是啊！一朵花凋零了，還能長出新的花苞，重新怒放，而我的少年，只有一次，永遠不會再重來了呀！我應該珍惜時間！我立刻跑進媽媽房間：媽媽，您的苦心我懂得了！從今天開始，我一定珍惜時間。媽媽欣慰地撫摸我的頭，笑了：好孩子，跟時間站在同一起跑線上吧！

從此以後，我開始節約時間，奮發學習。操場上再也見不到我打鬧的身影，教室裏卻多了一個珍惜時間、不讓時間流失一分一秒的我。我開始握緊夢想，以時間為對手，同它賽跑。終於，功夫不負有心人，我期末考試，考到了一個優秀的成績。媽媽說：這才是一個珍惜時間的好孩子！爸爸也對我豎起了大拇指：與時間賽跑，你贏得了非凡。

讓這句名言：花有重開日，人無再少年。繼續鼓勵我前進吧！



〈成功須苦幹〉

3A 陳沛游

俗話說：「台上一分鐘，台下十年功。」這個話道出了成功背後的辛酸。我親身經歷了這個道理，明白了成功需要付出多少汗水。

記得剛升上中一，我懷着忐忑不安的心情報名參加了學校的舞蹈比賽。我當時對舞蹈一竅不通，就像一隻笨拙的企鵝，在冰面上東倒西歪。我不知道自己為甚麼會做出這個決定，也許是被朋友們的熱情所感染，也許是想挑戰自己的極限。

第一次練習時，現實給我當頭一棒，我就像一個木頭人，動作僵硬得好笑。其他同學優雅如天鵝，而我卻像隻笨拙的大象。我的自信心跌倒了谷底，幾乎想要放棄。但是我告訴自己：「既然選擇了遠方，便只顧風雨兼程。」我下定決心要克服困難。

從那天起，我每天放學後都留在學校練習。我一遍一遍地重複動作，直到雙腳酸痛、渾身大汗淋漓。我觀察其他同學的舞姿，虛心請教老師，甚至在家裏對着鏡子反覆練習。日復一日，我的努力終於開始有了回報。我的動作逐漸變得流暢，身體的協調性也大大提高。

比賽當天，我站在舞台上，燈光照耀着我。音樂響起，我隨着節奏舞動，彷彿忘記一切，只剩下我和音樂。當我完成最後一個動作時，台下響起了熱烈的掌聲。我的心中充滿了喜悅，因為我知道，無論結果如何，我已經戰勝了自己。

這次比賽不僅讓我學會了跳舞，更讓我學會了如何面對挑戰，如何克服困難。我明白了，只要我們願意付出努力，就沒有甚麼事不可能的。這個道理，我會銘記於心，並將其應用到未來的學習和生活中。



〈橋〉

4B 林浩然

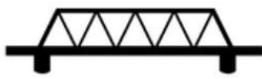
橋，是生活中溫暖的連接。家樓下的小溪將兩地緊緊相連，每天托著買菜的老人和放學的孩子來來往往。馬路上的天橋讓行人可以避開川流不息的車流。教師走廊則把兩棟樓的教書聲串在一起。而牆上的考試排名單，是一座將努力和考試分數連接一起的橋。這些橋，或許並不華麗，但卻默默承托住我們的生活。

在中三的暑假，我信心滿滿地選了會計作為我的選修課，以為只要會算數就能輕鬆合格。可第一學期的試卷成績給了我當頭一棒，我看到密密麻麻的表格裡，數學像放學時調皮的孩子般，令人捉摸不透。我算出的結果總是和答案差一截，有些帳目也對不上。那個刺眼的紅叉像一道裂開的溝壑，將我困在懸崖之上。我好似需要一座以自己努力而搭成的橋到達懸崖的對岸。

搭建橋的日子比想像中難熬。將不同欄目的數位正確配對卻將我牢牢困在「懸崖」的這端。將題目的每一串數字正確配對到借方和貸方，就是每天縈繞在我心頭的煩惱。無論我如何看問題都得不到答案，心中的橋的進度自然就落後。直到新上任的老師的到來，這些問題也都迎刃而解。還記得有一天我沒有上學，他便約我在中午的時間對我進行一對一的補課，令我驚訝的是我竟然慢慢開始可以跟上老師的思路，那些數位也不再是那般眼花繚亂，算出的答案也能對了。讓我對會計好似不是那般的抵觸了，還更有信心讓下次的測驗分更高。

測驗分下發的那天，我驚喜地看著分數竟然合格了。要知道之前的我三科選修課中就會計不合格，這對我來說無疑是一個好消息。翻看著試卷，即使算數部份的題沒有拿很高分，但也可以從中看出自己的進步，這讓我甚是欣慰。我隱約感受到心中的那座橋臨近竣工了。

這場關於會計的「建橋」，即使不算牢固，但也讓我察覺到了成長的必要是肯下功夫。那些翻看習題的夜晚，算題的夜晚和想破腦袋解題的自己，其實都是在往「懸崖」的對岸一步步地打好「基建」。我們搭的成長之橋起初也搖搖晃晃，但只要咬牙堅持，終有一天能把那座「橋」變得很牢固。



〈遊中文大學有感〉

4C 吳迪希

若在此日之前，我想我最愛的活動便是宅在家中，有很多人跟我說「世界很大，很美，要多出去走走，不然就會很遺憾的。」我每次都不以為然，覺得現在科技很方便，什麼樣的風景都能在網上看到，為何要親子去看呢？但此行後，我有了別樣的見解。

今天是個特別的日子，我們中四要去「香港中文大學」散步，很特別，但對我來說很普通，認為直接上網看不就好了嗎？何必如此麻煩呢？我就這樣上了前往中大的巴士，我有別於其他人的激動與聊天，上了巴士的我平靜地睡到了下車。

下車了今天天氣不錯，晴空萬里，剛下車的我並沒覺得中大有什麼有別於網上的地方，這種感覺一直持續到了「百萬大道」。

當我到了「百萬大道」才發覺這裡別具一番風味，這種獨特的感覺有別於照片給我的感覺，現實中的「百萬大道」很壯觀，我站在圖書館前，從兩個石雕組成的「朱銘門」向前望去，整個「百萬大道」便一眼望到底，兩旁的樓宇與四周種了綠植的大道交融，給了一種穩重正當的感覺，特別是一眼望去的中大校徽，穩重之感覺=更重幾分，這一點也不像照片上的中大，給我一種真實與特別的感覺。多了一絲校園氣息，給了一種溫暖的感覺，不似照片上那種冷冰冰的感覺。

我若有所思的跟著隊伍來到了「合一亭」。

當我看到「合一亭」的風景時，不由地愣在了原地，朝遠處望去，只見海天一色，山在霧的遮擋下，只能大致看到輪廓，若不是親身在這，恐怕我會覺得這是一個水墨畫吧！我坐在椅子上看這前面隨著風擺動的柳樹，此時此刻，我彷彿落入了仙境中，給我一種恬靜而優雅感覺，宛若一幅精緻的畫卷，我也好似明白了這裡為何會叫「天人合一亭」，在這裡我好似融入了大自然，成為了這裡的風景之一，這種優美，這種寧靜，這種感覺並不是照片能給予的。

我心懷期待的前往一個地點——「胡忠圖書館」前的草地，這裡雖不似前兩個那樣讓人驚訝，但別有特色，我們一行人坐翠綠的草地上圍了一個圈，我們聽著老師講書，隨著陽光的樹下，草地上也升起了點點光芒，在這一時刻，我只覺得溫暖極了，好似漂揚的船停靠在碼頭，只覺得十分安心，溫暖。我只希望此刻可以永遠停下。在網上，這裡很平凡，可以碩士毫不起眼的，它在照片上是冷冷清清的，給人一種冰冷的感覺，若說草地是個碼頭，那照片中的就是一個荒廢已久的碼頭，而現實中，這個碼頭是興興向上的，充滿了人間煙火之味，照片與現實，宛如青蛙坐井觀天，不可比較。

隨著夕陽落下，巴士動了，我們要坐巴士回學校解散，我望著窗外的風景，回想起了一整天的經歷，才發掘照片與現實的區別，照片的風景遠遠比不上親身體驗，不要用網絡來看世界，因為世界很大，大到網絡也是世界的一部份，「讀萬卷書，不如行千里路」，你透過書本學的，遠遠比不上別人的親身經歷。因此，我希望有更多人可以出去走走，這個世界很大，也很美，只不過這些必須要親自體驗，這樣才能別有一番風味，體會到人生的樂趣。

〈人生的交叉點〉

4C 趙甫銘

人生有時就像一條不斷分岔的路，每個選擇都可能會影響未來的走向。我一直以為自己可以靠着一腔熱血走得很遠，直到我站在人生的交叉點上，我才明白前路未必只需勇氣就能走痛。

那一年，大學畢業的我面臨着兩個選擇，一是遠赴海外留學，而是留在香港，康助理父親經營多年的五金舖。我在咖啡店裏看着剛剛收到的入學通知書，心裏卻被某種沉重的感覺壓得喘不過氣來。

父親沒上過大學，卻用他那粗糙的那雙大手撐起了一個家。他平日裏雖然很少與我說話，但我知道他一直期望我就出他就出的世界。可是，我也看得出來。當我對他說我可能要出國留學時，他的眼中閃過了一絲不易察覺的落寞。

黃昏的夕陽把城市染成了溫暖的橘紅色，我與父親坐在樓頂天台上喝酒，我藉着J2問父親：「吧，你會不會覺得我走了以後，就丟下了你？」他沉默了一會，開口說到：「我這輩子都在彎着腰工作，沒有什麼機會作選擇。但你可以選擇，這是好事。」

那句話像一盞燈，點亮了我心中的陰鬱。父親並不只是想讓我留下來，而是希望我能做出屬於自己的選擇。只是，他的那份沉默和堅毅，是我這代人很難理解的語言。乃刻，我彷彿看見了兩代人命運的交錯，他們雖然活在不同的時代下，卻都同樣地站在了人生的分岔口上，用個字目的方式堅持着。

最後，我決定然後一年出國，先留在香港幫父親一段時間。父親沒說什麼，聽到我的決定後點了點頭。那一年，我學到了許多，學到了那些學校學不到的東西，我學會了如何與店裏的老街坊打交道，學會了怎樣修理壞掉的水龍頭……

現在的我，夜晚還是不是會想起那晚的那個夕陽，那到夕陽，還有父親的背影。



〈通往天堂的橋〉

5A 吳智斌

在清晨的橋上，空氣中瀰漫著淡淡的露水氣息，陽光透過樹梢，將金色的光芒灑在橋面。向下望，河水緩緩流淌，映出藍天白雲的倒映，偶爾還有幾隻白鳥和幾尾魚兒在水面和水中翩翩起舞。這是我每逢上學看到的景象，即使要走二十分鐘也是值得的。在學校有許多美好的事物正等待我，所以對我來說，這就是通往天堂的橋。每當我在橋上前進時，都會有事情正朝著好的方向的感覺。

美好雖常見，卻似乎都有限期。一旦習以為常，便不再可貴，直至失去，才知後悔。

三年後，依然是同一條橋，同一時間，同一風景，可是人卻變了。他不再期待上學。現在他看見陽光感到刺眼、看見緩慢的河水感到焦急、看見白鳥和魚兒感到妒忌，仿佛這座橋的終點就是斷頭台。天堂？不再存在了。

這幾年來到底發生什麼事？我的一位要好的朋友，他……離我而去了，再也見不到了。還記得當初我們一起上學，一起回家時，在橋上談的話，我們小至下午吃什麼，大至提及理想。自小我便不是一個有堅定目標的人，所以每當他說自己的夢想是成為醫生，照顧身邊的人，讓身邊人健康生活時，我總能看到他的雙眼有光。我非常佩服，他是一個大好青年。只是，如此正直的青年怎會輕生，選擇在橋上一躍而下呢？我們往後被分了不同班，在這期間，我們仍一起上學回家，但不同的是以前的我們無所不談，那二十分鐘就像一眨眼。可是現在，儘管依然一起走，但他的笑容已經不再，即使我主動談話，也是一句起兩句止，橋上的夜燈閃著不停，那幾分鐘的時間就像無止境，曾在他身上的那對炯炯有神的眼睛已經不在了。

就這樣，我們似乎變得疏離，持續了幾個月。突然有一天，我們回家時，他竟邊走邊哭，並不斷向我說感謝的話。我大吃一驚，可當時我因為太累，並沒有在意，誰知這個舉動竟令我後悔一輩子。

隔天，我如常走在橋上上學，可身邊他的身影已不再。當時我以為他只是生病了，直至我回到學校上課時，他的家長竟和警察突然一起找我問話。此時我已有不妙的感覺。結果就如我所想的一樣，他……已不在世了。後來經警方得知，他因為被全班欺凌，最後選擇輕生。他就在昨天與我道別後，在橋上跳下去了。

回到現在，我仍在橋上，可身邊的他已不在。獨自回家的路上，一個人被海風吹得顛抖著。那一盞夜燈徹底熄滅了。漫無目的的我如同橋上被遺棄的膠袋一般脆弱無依，只需輕輕一吹，便被不知被吹到哪裡。突然，那膠袋被吹落橋下，我一下子聯想到他，忍不著狂吐。一想到自己既然並沒有夢想，倒不如就像那膠袋一樣下去？我看著下方，夜晚的海一片黑暗，多望一眼就會被它吞噬。當天的他也是看著這深淵嗎？我害怕了，一想到家中仍有人在等我，一想到跳下去就一無所有了。回

過頭時，我已在橋上狂奔，強制自己不再想。一回到家，我就馬上緊緊擁抱父母親哇哇大哭。

當晚，我徹夜未眠。我很後悔在當天沒有留意到他的不尋常，更後悔沒有察覺到他被人欺凌。如果我能多關心他，他是不是就不會死？我不想這世上再有這悲劇的發生。我，找到自己的夢想了。我要成為一名社工，拯救我曾經無法拯救的人。

十年後，每當我通往那座橋時，我都會挺起胸膛。我要告訴受害者這個世界的美好，為他們建立一座橋，一條通往天堂的橋。



「旺角」這個廣為人知的香港景點，應該每位港人都曾到此一遊，但有很多人沒有留意到當中的舊建築，所以這次的文學散步令我發現到旺角的文化特色，而我看見的景象啟發了我對人生的思考。

「同學們，還有不久我們就到旺角了。」老師的聲音把我從睡夢中拉回現實，張開眼睛一看，就瞧見車窗外的景物，一開始還是高立的大樓，但隨著離目的地愈來愈近，高立的巨人也開始漸漸變成小矮人。下車後，迎面而來的就是古代風格的建築物。向天空望去，看見天上自由飛翔的雀鳥，還有七個大字「園圃街雀鳥花園」，隨著我們慢慢步入這條街時，周圍傳來雀鳥的叫聲，兩側各色各樣的小動物十分吸引人，但我看到籠上所寫的數字後，心裏就打起了退堂鼓。當我還在觀賞時，天空的那群雀鳥又一次飛來，我看著它們和籠內的雀鳥，心中有種說不出的感慨。

隨著老師的帶領，我們走到了旺角花墟，映入眼簾的是色彩鮮艷的花朵，它們就像是人一樣，各有性格，各有氣質，吸引著街上的路人挑選，當然愈受歡迎的花，頭上的數字葉愈大。我由街頭就開始找我心中最喜歡的一朵花，亦希望可以把它帶回家，所以我一邊走一遍觀賞著花店上的花。但當我走到街尾時，那朵令我滿意的花還是沒有出現。直到我在街側的公園草地上找到了一朵外表平平無奇的花。雖然它的周圍沒有人們圍著觀賞，但它幹自由自在地生長著，頭上也沒有一串數字，此時我心裡在問自己，為什麼我們要把花朵加標上一個價錢，然後再把它帶走呢？

最後一個景點時新世紀廣場，我進入大門時，眼前的景觀和剛剛的古代風格截然不同，感覺自己坐上了時光機一樣，看著各色各樣的商店，商店內充滿著商品，不同的是它們由生物變成了死物。直到我經過一間理髮店，店內的理髮師盡心盡力地為顧客服務時，我才發現其實人和花朵、雀鳥、寵物一樣，也是可以購買的，當我在廣場頂層向下觀望時，都是為了工作而努力的人，我才發下別人給予的價值就像一把鎖匙一樣，將我們的自由鎖上，但我們一生本已不長久為什麼不好好自由生活著呢？



在這個充滿快步的時代中，我們並沒有時間可以停下腳步，慢慢行走欣賞景象，得到身邊釋放。而這次中文科的文學散步，便可讓我們在旺角中慢慢行欣賞園圃街雀鳥花園、旺角花墟、金魚街。

首先，我們到達園圃街雀鳥花園，我抬頭看到了有很多雀鳥再天空中自由地飛來飛去，而有一些雀鳥便停留在入口的中國「牌樓」和左右邊的樹上，這個畫面十分壯觀，因為我從來沒見過這麼多的雀鳥在我頭上飛來飛去。接著，我們便開始慢慢走進去，我平視時便看到了雀檔兩旁都是掛上可被困在籠中的不同品種的鳥類和售賣鳥類用品。而每行一步也會有雀鳥突然飛向我們，我們便會大聲尖叫，由於我太害怕了，我便把頭向下縮，視線下移，我看到了地上和椅上都是充滿了很多很多的雀屎，令到整個環境都是不乾淨和有段臭。我一直保持低頭的姿勢，直到離開這個地方。但在離開後，我站在遠處觀望了一會兒，便發覺到，雖然這個地方處處充滿危機，但這個地方可讓商販和愛雀人士慢慢行走，交流心得和身心得以釋放。

隨著我們慢慢行走，便走到了旺角花墟。我平視的眼中便看到了充滿許多各式各樣和五顏六色的花及花束，令我感到眼花繚亂。我們慢慢行走在花墟，聽到了左邊攤位老闆說：「我這裏的花便宜，快來買、快來買……」而且當天也是情人節的原因，所以花格外美麗和有很多可愛的造型，例如：有把玫瑰花整成個熊啤啤，價格也是十分美麗，十分昂貴。除了看到這些造型和花束之外，我還嗅到了這整個環境都是瀰漫著花香，仿佛身處在下一秒要被人求婚的地方。遠處觀看，也看到了許多男生購買花束送給女朋友，十分浪漫。在這個充滿花香的地方，我也是終於可以慢慢行，欣賞不同品種的花，身心得以釋放。

最後，我們便慢慢走向金魚街。我當初以為金魚街只是購買金魚和水族用品。但當我第一次看到金魚街時，我便看到了街道兩旁，都是食肆和售賣貓狗等，並沒有看到售賣金魚。但隨著我們一步一步行時，我終看到了售賣金魚的商店，在架上都掛滿了不同品種的魚，例如有小醜魚、娃娃魚、鬥魚和有一些小螃蟹，十分小巧和很可愛。在遠處看這個街道，才發現這個街道充滿年代感。在這街道中，我可以慢慢行走，欣賞這些小動物，看到它們在水中慢慢游再加上水流聲，煩惱也忘記了，身心也得以釋放。

在這次文學散步中，我感受到人與大自然之間的關係，我要好好珍惜這次可以慢慢行走欣賞景物，身心得以釋放。

浮想聯翩

〈我想擁有的一種超能力〉

2B 李曉琳

在這個節奏快的生活中，許多人都渴望逃避壓力，而我想要的超能力是隱身。隱身可以讓我瞬間消失在人群中，幫助我擺脫生活中的尷尬與煩惱，例如我在一次朋友聚會上，我因為害羞而不知所措，但如果我有隱身能力就可以幫我解決這個場面了。

隱身能力的最大魅力，在於自由和可以逃避。這種能力使我可以隨時隨地消失，為我創造獨處放鬆的機會，讓我得以沉思。比如我可以在圖書館選擇隱身，觀察同學們的學習狀態，獲取他們的學習技巧，以及提升自己的效率。

擁有隱身能力還帶來很多好處。首先，在人群中，我可以自由穿梭，而不用擔心社交壓力。在大型活動中，隱身能力讓我能夠觀察他人如何與人互動，了解不同的社交方式。與隱身相比，擁有飛行的能力讓我能夠體驗廣闊的天地，但隱身可以令我真實地接觸人心。

然而，儘管隱身能力看似美好，其潛在的負面影響也不能忽視。長期的隱身可以造成我與他人之間的隔閡，雖然享受獨處的時光，但也會因此失去與人溝通的機會。

總而言之，隱身能力讓我們感受到逃避的誘惑，但我更深刻地意識到，真正的勇氣是面對生活的挑戰，而不是逃避問題。通過這樣的反思，我學會了珍惜每個與人交流時間，以及生活中的每一刻存在。



〈美麗的屯門河〉

2C 張雯淇

金黃色的陽光灑落在馬路邊上，溫暖的陽光和寒冷的東風形成了對比，冷的是冬天，而不是人們的朝氣。

我從蔡意橋出發，這裡的馬路口很熱鬧，車水馬龍，人來人往。大人們牽著小朋友悠閒地走在馬路上，經過第一個馬路便是輕鐵站，這裡的人可就更多了，還能看見環衛工人在努力地為這座城市做出貢獻。路邊停靠著自行車，第二個馬路過後便是紅色的跑道。

這裡的人流略比輕鐵站要少，旁邊的河應該就是屯門河了吧？河面是那樣平靜，還倒影著白雲和日光的影子。視角一轉，關注點回到跑道，四周的樹木鬱鬱蔥蔥，當風吹過，樹葉發出「沙沙」的旋律，像是在為林間的鳥兒伴奏，「噦噦喳喳」……

經過了跑道，人就更少了水面還是像一面鏡子一般顯得格外寧靜，這次倒映在水中的還有建築物和河對岸那茂盛的樹木。小徑上有人在晨跑，汗水揮灑在道路上，是他們來過的證明，願風可以吹走他們的熱氣。這裡變少的是人流，不是林間的鳥鳴，不是「沙沙」的「伴奏聲」，更沒有減少市民的热情。騎車的年輕人、做體操的老人和追逐玩鬧的小孩子，都在這幅畫中添上了一筆獨屬於自己的色彩。

走了不知多久，到了虹橋橋底，可還是沒到屯門河的邊界線，就好像看得到邊卻走不到盡頭，人們的朝氣也是如此，是無邊無際、無限的；再寒冷的風、再猛烈的太陽、擦不完的汗水，都無法遮蓋他們的活力，無法阻擋他們前進的脚步。



〈我想和姜姜一起去田莊〉

20 李彥慧

一段學習之旅讓我認識了你，我們相遇是幸運，是安排，是命運。相識這麼多天以來一直想和你去的地方---田莊。

中午的太陽明艷光亮，漫焦目的地灑在石磚路上，躺在台階上的小貓咪伸著懶腰，全身金燦燦的。兩則安靜的街坊讓這個地方更加充滿安靜的氣息。平日的你忘著上課，忙著學習，忙著一切讓你感到疲憊的事情，今天就讓這裡帶你輕鬆一下。

漫山遍野的花朵形式一片花海，向下看一望無際的花園，向上望遼闊無邊天空。午後的天空變得溫柔，白色的雲，紫羅藍色的天，風一陣花香便也跟著一陣一陣的。風車慢悠悠的轉著，你我之間的種子也早已生根發芽，用愛充當的養分，只能讓花兒越開越大，越開越美。我們可以坐在千秋上談天說地，愉快的過完這個一個下午。

晚間的集市更是熱鬧，燈火通明的街道上充滿了樂趣。我們可以慢慢的琳瑯滿目商品，是城市找不見的東西，可口的美食，精緻的飾品。這一天我想過得很快，又很短暫，但我們的友誼卻是快樂而永恆。

認識你那天起，你帶給我的就從來不單單是快樂，而是一直而來的陪伴，一直以來的幫助，一直以來的歡樂。



〈守護者〉

3A 陳微

六歲那年，我在祠堂摔碎了父親青瓷茶盞。月光從雕花木窗漏出來，碎瓷片在磚地上泛著冷光。父親沈默地拾起瓷片，卻將一枚系著紅繩的玉牌放進我汗濕的手心。

那是塊青白玉平安牌，對著光能看到細密的雲絮紋，像被揉碎的月光凍在玉髓裡，墜在紅繩上像一汪凝固的月光。祖母走了過來將玉牌從我手裡拿走，她要親手為我戴上玉牌。祖母為我戴上玉牌時，月光正穿過老槐樹的枝桠，她說：「雲會守護月亮，月亮會守護著孩子；雲能遮風，玉可擋災。」父親也在一旁附和道：「玉碎了魂還在，但人不能碎。」隨著玉牌應聲墜在胸口，溫潤如水。那年我六歲，尚不懂玉的溫潤裡沉澱著怎樣的光陰。

九歲那場颱風夜，我縮在被子裡攥著玉牌。整棟樓在風雨中搖晃，冰涼的玉卻漸漸有了溫度。玉面上細密的雲紋硌著掌心，彷彿祖母佈滿老繭的手。風在窗外呼嘯的間隙，我聽見玉牌貼著心跳在說話：雲在，月在。我心安地摸著頸間的玉墜，漸漸入睡了。

去年去旅遊。忽然在一處拐角遇見了青石板路還有一玉器鋪。學徒正在打磨平安牌，鋼銼與玉石摩擦聲驚醒了記憶。我取下頸間的玉牌，周圍路過的人圍過來驚嘆玉色通透，卻無人知曉那些紋路裡藏著多少未說出口的守護。

一枚小小的玉牌帶给了我不同的感悟。忽然懂得祖母和父親當年為我戴玉牌時所說的話：「人養玉三年，玉護人一生。」我明白了：我們都是雲的碎片，終將在月光裡長成新的守護者；帶著裂痕互相溫養，在歲月中的掌紋裡悟出新的光。



〈永恆的愛〉

4B 程易鍵

「愛」是一個永恆的話題，細節中的愛更是讓人為之感動。「愛」可以是友情、親情或愛情，也許轟轟烈烈……

我有幸能夠看到和體會到甚麼是永恆的愛。他們是我的鄰居，是一對白頭偕老的老夫妻，在一起已經 48 年了，每天都在一起，似乎從沒有吵過架。他們很好，對所有人都一樣。他們跟現在的年輕人愛情觀念不同，我時常去到他們那裡玩，奶奶也很樂意與我們分享她與老伴間的故事，那個時代大多數的婚姻是父母訂下的。爺爺奶奶也是如此，一開始奶奶是不喜歡爺爺，爺爺卻是非常喜歡奶奶的，就這樣慢慢地發現了「其實爺爺這人挺好的」。

他們是一對同病相憐的病友。爺爺患有痴呆症，奶奶患有中風。爺爺奶奶的唯一一個兒子前些年因車禍而死亡。也因為如此，他們每天都是結伴而行，互相照顧對方。我們一家也會時常的拜訪他們。他們似乎也沒有受到疾病的影響而沮喪，正相反，他們每天都很開心。

他們也是相親相愛的小情侶。爺爺每次回到家都會給奶奶準備點小禮物，有一次見情人節，爺爺不知道可以在哪買到玫瑰，於是便找了我。雖然爺爺給的錢不足以買到玫瑰，但我為了爺爺奶奶開心，我從中墊付了一點。奶奶看到花的那時候很激動也很感動，爺爺也站在原地呆呆地看着奶奶笑。其實他們也會想和我們這代小情侶一樣，出外到處玩，一起逛街，一起吃好吃的，一起看電影，但他們有病在身，也沒有多少精力。但是我看到爺爺奶奶卻時常把笑掛在臉上，我便知道了：「真正的愛彼此，不是靠其他物質的需要才去愛彼此，而是靠你們共同去奔赴對方才是真正的愛彼此」。

因此，我從我的鄰居身上學到了一種永恆的愛。他們是夫妻，是病友，但同時也是情侶，不管對方怎麼樣，都要永遠的相愛彼此。這便是「永恆的愛」。



〈車站〉

6A 鄧倩澄

在我家附近有一個車，不算很大。本來老舊，卻在前些年翻新了，換上了新的電子屏。我和媽媽住的地方相隔一個多小時的車程，說遠又比不上那些要乘坐飛機到達的地方，但在這細小的香港，絕對不能說是近。媽媽家樓下也有一個車站，他住在港島一帶，是過十分繁忙的地方，車站的人永遠來去匆匆的，轉個頭就不見身影了。

我經常到那處探望她，就算要獨自站在那個空蕩蕩的車站裏，獨自等上幾十分鐘也不在乎。有次下班時間比較晚，我像個傻子一樣站在車站裏等候早已開出的尾班車。又能對誰發洩呢？車站是讓車停下來的，又不向你保證停下的是你所期待的。

在平日裏，當我離開我家附近的車站時，踏上那架車程長達一小時的小巴，經歷沉悶的等待後，終於能看見那人來人往的車站的站牌。一個圓形的綠色牌子，用白色線畫出九十八字樣，在那處就能看見在等候我的媽媽了。簡單的兩個車站，就連結了兩位女士的心——那個合適的車站。

大多數時間雖是沉悶，但站在車站更多是期待着快能看見那位老女士一面，心情倍感輕鬆自在。從小雖由媽媽照顧我，但因家庭的破碎，我從此和密碼分隔兩岸，所以長大後看見他的樣子與小時候的不同了。令我小時候對媽媽的想念，又重新浮現在我腦海裏。車站的冷白色燈光，在我的視線裏像是暖黃色的，就算身處寒冬，也是那麼的溫暖我的心，又像是照耀我的前路。有時站在那裏，就會回想起一些小時候發生的事情，相信不少人也會像我一樣站在車站發呆吧！

因家庭破碎的原因，我小時候便常常獨自乘車。站在車站時，小腳用力蹬高，才能按下買票的鍵。那雙肉肉小手拿着小票，往來車的方向張望。在放學時間，別的小孩都拖緊媽媽的手，一手還拿着棒棒糖。如此強烈的對比之下，我就經常被好心友善的大人詢問是否迷了路，找不着媽媽了。我也就熟練的回答：「不是的！我不需要媽媽也能自己回家！」

可能因為小時候嚴重缺乏母愛，導致我現在也經常沒安全感。我期望現在的自己，能幫當初那位小孩，完成拖着母親的手回家的小小夢想。但不同的是已經不是那小手拖大手的景象。

有次我深夜加班完，突然接到一通醫院的電話來電：「小姐，你媽媽中風暈倒在地，剛才才被途人看見送來醫院，方便來一看嗎？」我像瘋了似的，立即離開辦公室。在車站候車時，明明也是去找媽媽，但車站那以往的溫暖感卻消失了，死硬的地板，天上掛着的死魚眼睛。這些都令我越來越緊張。

在我到達醫院的車站時，身旁有着剛接小孩出院的家庭，喜悅萬分；也有剛哭紅眼睛的幾個年輕人，氣氛沉重；也有滿頭白髮的老人獨自候車，更顯孤獨。而我是怎樣？不知車站的路人如何解讀？

後來媽媽須住院觀察，我也就有空來探望她。我討厭醫院的車站，卻又渴望盡快與媽媽踏上這個車站，走向回家的路。但可惜再也沒機會。

我變回了那個獨自站在車站的小孩子，但這次，我真的迷路了，又有好心人能告訴我回家的方向嗎？我看着車站的途徑路線陷入了好一段沉思。我怎也想不到媽媽會成為那些，轉身瞬間就消失不見的人。如果我像以往那樣，一直等一直等，那些身影中能被我找回媽媽嗎？媽媽又會在那個車站下車？我現在在等候的車站，又會是我人生中正確的車站嗎？我是否應該離開這裏，乘車繼續前往。



〈小插曲〉

6C 何家傑

在空盪的教室當中，只剩下風扇轉動所發出的嗡嗡聲，我坐在教室中央，腦海裡簡老師的一句話——「善待身邊對你好的人」，在我的心裡翻起濤天巨浪，亦使我獲益良多，使我上了寶貴的一課。

今天是試後的同樂日，我們會經歷三個活動：攀石、疊杯和射箭。「有誰想要攀石？」教練向所有人問道。從小時候便恐高的我今天像換了個人似的舉起了手，與其他同學一起到達等候區。繫好了安全裝備，穿上了鞋套，此刻的我內心如節慶打鼓般熱鬧，「這個人跳下來的時候好帥氣！」、「他看起來好膽怯，我會不會和他一樣？」這些既興奮又不安的情緒交集在我心中，什麼時候便輪到我在上面呢？正看得專注，一句話如晴天霹靂般擊中了我。「什麼？我排了那麼久而且還是第一輪出來的，為什麼比我晚出來的人已經下來了，而你告訴我人數太多，我無法體驗？」難得勇敢嘗試一次的我被潑了一般冷水，內心的憤怒、不甘和不理解聚集成鋪天蓋地的洪水淹沒了我的理智。礙於對方是我不熟悉且應該尊重的老師及教練，我克制了自己。

然而，這股烈火依然在我心底猛烈地燃燒著，於是我如以往般把這股情緒都向身邊與我熟絡的朋友抱怨起來。本以為心情會就此好轉時，才發現剛才和朋友的交談就像柴火般助長了我的火勢，碰巧對我最好的簡老師似乎察覺到我的異常，前來關心我，我的怒火也止不住地蔓延到她，令我後悔不已。

在我過於沖動說出一些傷害別人的話後，眉頭緊皺的簡老師叫我放學留下來，這讓我的烈火由第一個活動開始持續到放學，直至了放學時教室中的對話。

她問我早上發生的事及我情緒變化的原因，此時的我內心依然頑固，竟再次把情緒發洩給只是想幫助我的簡老師上。讓我意想不到的，她沒有生氣，而是平靜問我：「你這樣開心嗎？發洩能解決問題嗎？為什麼只對身邊對你好的人才發洩和抱怨？」她再補充道：「我們都常對陌生人保持沉默或友善，而面對對自己好的人卻總是像炮火般把所有情緒都發洩在他們身上，這樣好嗎？」說完她便轉身離開，叫我想通後再去找她，剩下呆住的我坐在偌大的教室陷入思考的漩渦。

我這樣真的好嗎？為什麼我只對身邊善待我、親近我、關心我的人發洩？為什麼我總是以怨報德，總是不好地回報對我好的人？此時以往零散的記憶浮現在我腦海中：摯友安慰我賽場失利我卻怪責於她、母親的關心我卻嫌她嘮叨、爺爺的暖心訊息我卻嫌棄而不讀不回……種種往事一點一點浮現，眼淚連帶著悔恨、懊惱和遺憾滴在了身上。

如果我能珍惜身邊人對我的好意，如果我剛剛不向朋友抱怨，如果剛剛不向簡老師發洩，我想今天應該是美好又快樂的一天吧！我想應該是如今大家總是以為別

人對自己的好是理所當然，才會如此以怨報德，絲毫不珍惜他人的好，為自己，也為別人帶來總總傷害。無論是朋友、其他關心我們的老師或長輩，我們都應好好對待他們。感激有今天活動的小插曲，才能讓我真正學會如何對待身邊人，什麼是正確且寶貴的人際關係。

帶著以上的得著，滿載而歸的我向簡老師說出真誠的道歉。

「善待身邊對你好的人」我會做到的！



作家風采

〈回憶〉

4C 吳迪希

每當我見到有人因為懷念過去，而沉溺其中不可自拔，我就十分不解，有何可懷念的？過去的早已逝去，為何不展望未來，活在當下？直到那天，我經過了那個公園，終於明白了回憶是洪水，一但衝湧而出，我們便會沉溺於水中無法自拔，越在水中掙扎，越容易迷失，直到一蹶不振，世界只剩下回憶的氾濫，與沉溺中的人。

我一直堅信懷舊是種軟弱病——直到那個秋日黃昏。

「想當初我多麼幸福啊，那時如果不這樣做，現在何至於此。」一個滿目瘡痕的男人，坐在商場的椅子上，眉飛鳳舞地與同伴描述著一件件往事，不斷說著從前。我望著他的疲倦身影，有滿腹的不滿，更有逃避和懦弱。沒了朝氣，沒了往前走的勇氣，更沒了心。我皺眉苦思，可能是過去太美好使他沉迷其中？也可能是現實太可怕，使他沒了勇氣再面對未來？還可能是他沒了心，只剩下過去的海洋？就這樣想著，我走到了一個公園。

當我站在公園前，只覺十分熟悉，眼前的景物與我腦海中的畫面重疊，我皺著眉不斷打量著眼前栽滿銀杏的公園。微風輕拂，帶來的不只落下的銀杏葉，還有塵埃般的記憶一一浮現。我看見身穿身穿駝色風衣的老者，低著頭在沙地上用枯枝描畫著，隨著枯枝的移動，浮現一張慈祥的面容。在銀杏樹下有一個男孩與朋友們追逐，傳來陣陣孩童的嬉鬧聲，我望向手機時間是十年前的黃昏，此刻枯枝停了，孩子們追逐的皮球懸在半空，球體突然凝固成琥珀色，封存著十年前的公園，風掠過我的耳旁，竟傳來十年前母親晾曬被子時哼唱的童謠。

暮色不斷蠶食著天空，銀杏葉隨風落下，樹葉竟在落下時顯現出我母親年輕時的側臉。我聽著風，望著紺藍及橙黃的交錯，雲上好像浮現出母親的微笑，令我沉溺其中，不能自拔。

隨著一片落葉輕輕地落在額頭上，我將它輕輕拿起，又輕輕放下，一陣落葉輕輕地撕破夕陽的琥珀色表皮，公園瞬間被往事淹沒，皮球裡遊出我童年養過的金魚，沙畫隨風散成星屑，墜入洪水深處，銀杏葉背面浮現出昔日的相聚與離別，青銅色的滿月高高掛起，整座公園突然泛起陣陣水花，好似起霧了，霧氣瀰漫，腳下地面逐漸透明。

我顫抖著踏入公園，突然，四周的景象緩緩褪去，只剩一個人站在水面上，水面溫順地托起我的倒影，我微微蹲下，右手輕撫水面，預想的洪水並未出現。我站起環顧四周，公園與此空間互相交錯，我閉上眼感受著此刻的寧靜，方知一洪水的

本質是未被解讀的琥珀，那銀杏樹與落葉突然蛻變成通往此刻的鑰匙，原來沉溺者實則是時空的擺渡人，每個打撈記憶的動作都在為未來編織救生索。

如今我常坐在褪色的長椅上，將往事折疊成紙船，當某個暴雨夜記憶的水位暴漲，那些在舊時光的紙船會從公園排水口駛出，船帆上有著母親哼唱的搖籃曲，與青銅色的月亮共成永恆的和弦。

在疫情盛行的時期，細菌無處不在，它們潛伏於生活之間帶來有形的倘傷害，儘管面對極端的環境，這些細菌依然展現出驚人的生命力，讓人覺得無法完全根除。

在這個悶熱潮濕的夏日，沙灘上被太陽的照耀下蔓延起溶化曲折的火溫，樹頂上的烏鴉口渴得吱吱叫，海上波浪拍打着沙灘，綜合交織成一曲夏日的交響樂。此時此刻沙灘的氣氛熱鬧非凡，不少人在沙灘上聚集玩樂，有的在打沙灘排球，有的在露營歡談，有的在海上暢遊，然而，在這歡樂的氛圍背後，隱藏著一場無形的戰爭，走近那埋藏在樹陰的廁所，牆壁滲出水滴，瀰漫著刺鼻的臭味，混合著潮濕與腐敗的氣息，令廁所成為了細菌的溫床。

細菌帶領著大軍衝出牢籠，透過海水迅速擴散感染。即使面對烈日炙烤，及人類強大的免疫力抗衡，這些微小生物依然不屈不撓。為了讓同伴落地生根，它們在與疫苗的對抗中傷痕累累，卻從沒有放棄過，反而醞釀出可怕的潛力，冒險地嘗試著突變。

太陽落山後，我感到指尖下的沙粒變得黏稠，彷彿被某種無形的生物寄生，海風將廁所腐敗的氣息擴散四周，與海水鹹酸味交雜，空氣中瀰漫著濃烈的酸味，這是細菌奮鬥搏殺的證明。它們在未知的敵人面前，潛行激戰，展現出不屈的精神，就像蟑螂一般。細菌的生命力令其無法被輕易消滅，絲毫不向疫苗的淨化妥協。埋藏在體內的免疫力，細菌並不畏懼，反而在此鬥爭中變得強大，它們改變自己的基因，拼命抵抗。

在這場無聲的戰役中，細菌的存在不再是微不足道，無論敵人多麼強大，它們都會不屈不撓地繼續抵抗，人盡離散，但這場戰鬥仍在繼續，匿藏在人類玩樂的背後，透過殘留在人類物件的沙粒，被人類帶離了沙灘。

即使經歷重重難關，細菌仍然堅韌不拔，這種毅力也激勵著我們不應放棄抵抗，它們在逆境中不斷突變、適應，無論環境多麼惡劣，面對細菌的突變，我們要借鑒它們的堅毅精神，細菌也能是可敬的對手，也是一個提醒，細菌都在合環境，我們也要在必要時候能屈能伸。

〈再見〉

4C 陳靜儀

在漫長的人生中，時間匆匆洗刷一切，但總會有忘不掉的人、事。

我曾有過一個很要好的童年玩伴。小時候是個很內向甚至有些孤僻的孩子，沒有什麼朋友。在公園中別的小孩追逐打鬧時，我只想靜靜地坐在一旁。我低著頭數着地上的螞蟻，在數到第4隻的時候，一隻的手伴隨着淡淡的梔子花香味出現在我的視線中。我疑惑地抬起頭，一張留着齊肩短髮，稚嫩的臉映入眼簾。陽光過於猛烈，我眯了眯眼才看清她的臉，我先被她那雙清澈明亮的眼睛吸引，再細看，她眉毛彎彎的，細長的睫毛也隨着笑意顫動着，鼻頭和臉頰被烈陽曬得有些發紅，笑得明媚，聲音未褪去孩童的稚氣說：「要一起玩捉迷藏嗎？」我原本不打算答應，但指尖比拒絕的話語快一步回應，搭上了她的手掌。

在後來得知她叫洛怡，她實在太熱情了，我本想捉迷藏結束後就離開，但她總是主動挑起話題，像是名字、年齡、興趣這些...一開始我只是簡單回應幾句，帶着隨意應付的意味，可她好像有說不完的話、問不完的問題，我才開始認真回答她，於是很快的我們就成為了朋友，她也常帶著我玩。在春天的時候她會拉着我的手去放風箏；夏天去海灘堆沙堡，我堆得不像，她總會一邊「嘲笑」我，一邊幫我重新堆起；秋天的時候伴着落葉看日落；冬天會一起圍在暖爐旁緊握着對方的手取暖。在這些日子一天一天的過去，我和她關係也越發緊密，幾乎可以說是形影不離的地步，身邊的共同好友看到我們其中一人，便會提起另外一人。

經過這些時日的相處，我發現她內心並非如表面般開朗樂觀，其實她很在乎別人看法。她有時會輕輕勾住我的手指，小聲地問：「你們會覺得我話太多了嗎？」我常對她突如其來的提問感覺到疑惑，只好安撫道：「不會的，你多慮了...」當時沒太仔細想，只以為她是偶爾有些不自信，現在再想，我應該多和她聊聊的。

這樣相伴的日子持續幾年，直至我們升上了中學。我的性格變得外向，她卻相反越發安靜了，詢問下才知道近幾個月她的家庭出現了爭拗，準確來說是她父母之間，但她也受牽連感到不安。在聽完一切後，我有些手足無措。看着她的臉，我忽發覺她似乎消瘦了，漂亮的眼睛下是睡眠不足的黛青色，無論是微微下垂的嘴角，還是不經意的皺眉，都可以看出她被這些事困擾着，難怪她微笑的頻率減少了。我忍不住伸出手握住了她的微涼的雙手，想傳遞一些力量和支持。所以自從知道她變得內斂的原因後，面對舊友調侃：「你們像是互換了性格啊，一個靜了下來另一個倒是開始話多了。」我開始抗拒這些話語，我知道以她多慮的性格，加上近來的煩心事，聽到這些話肯定不好受，剛想開口想讓他們別再提的時候，她挽住我的手笑着微微搖了搖頭，於是話到了嘴邊又咽了下去。

在接下來的日子裏，我一直想讓她暫時忘卻家庭的煩惱。我努力抽出時間在假日一起去圖書館、逛街或是講一些笑話想要逗她笑，起初很是有效，但後來她精神

更差了，似乎連大笑都很費勁，她的嘴角上揚着努力給予回覆，可是往日明亮的眼神現在卻佈滿着疲憊，經常分心。我猜想到大概是家庭紛爭惡化了吧。果然過了幾個星期後我的猜想被印證了。我還記得是在一個寒冷的冬夜，我們坐樹燈下的椅子聊天，忽然刮起了大風，我看她穿的單薄，人又清瘦的像張紙片，風一吹就要被吹走，下意識地替她攏緊了外套領子，她抓住我的手，冰涼的觸感從指尖瞬間蔓延到全身，讓我打了個寒顫，我困惑地看她，她下定了決心開口道：「我們可能不能再見了」我的手定住在她掌心，她慢慢的向我說明情況...原來是父母準備離婚，母親想要帶她去國外開始新生活，「我媽說，她在這個地方有着太多糟糕的回憶，想離開了。」她盡量控制語調平靜些，只是細微哽咽都被我捕捉到了，我藉明月的微光看到她臉上的淚痕和積滿淚水的雙眼我原本也想哭的，可我怕我哭了她更難受就只說了：「這樣啊.....那送機我總該去吧。」之後我沒再說話，再開口，我聲音的顫抖該藏不住了。

很快的到了送機的那天，一路上都很安靜，她走之前我還是忍不住抱了她一會，她拍了拍我擠出個笑容對說：「會再見面的，你別忘了我就好！」，之後看着她過了安檢，回頭用口型說了句「再見。」我制不了眼睛，本想再仔細看看她的臉，但淚水卻不合我意的涌上了眼眶，我看不清她的表情了，只看到她模糊的輪廓。可我怕她擔心所以連忙擺擺手示意自己沒事，也作道別，最後看着她的背影消失在視線。不管會不會再見，我也不會忘記她的。



〈旅行小記〉

4C 趙甫銘

千篇一律的奔波早已使我乏味，高懸的霓虹燈照不進我的心扉，盡情的酣睡也褪不去我的倦意。直到我聽朋友說福建的武夷山巍峨壯觀、山巒疊翠，很適合我這種天天在城市中來回穿梭的人去放鬆自己，我便趁著這次小長假，踏上了前往武夷山的旅途。

乘坐了幾個小時的高鐵後，我聯絡了提前約好的司機，把我從高鐵站送上山中的一處寺廟。出高鐵站的時候，我看到夕陽在慢慢收斂起耀眼的光芒，變成一個金燦燦的光碟。那萬裡無雲的天空，藍藍的，像一個明淨的天湖。慢慢地，顏色越來越濃，湖水在不斷加深。遠處巍峨的山巒在夕陽餘暉的映照下，塗上了一層金黃色，顯得格外瑰麗。這景色美得令我丟了神，直到恍惚間看到不遠處一輛白色小轎車旁邊穿黑衣服的人在向我揮手，我才緩過神來。

車子緩慢地行駛在崎嶇的山路上，上山的路蜿蜒曲折，像一條彩帶從雲間飄落下來。司機告訴我這裡的道路險峻，在幾年前出現了重大的交通事故，那時候不少遊客都自己開車上山，不熟悉路況，導致經常出現意外，於是現在只能乘有證的專車上山了。

待車子駛到寺廟旁的賓館，我拿好行李向賓館的方向走去，天空已經是黑壓壓的一片了，但那皎潔的明月卻高高地掛在天上，水塘中的月影隨著微波蕩漾，像是一塊來自天上完美無瑕的璧玉。寺廟的周圍都被高山環繞，像一個與世隔絕的世外桃源，這遠離城市喧囂的地方正是我一直所夢寐以求的。

黑雲趕著明月，明月躲進池中，微風打碎了水中的明月，波光粼粼，蟬聲漸起漸落，我的倦意也被微風吹散到了空中，不知何時我也飄進了大自然裡。

天邊漸漸地亮了起來，好像誰在蔚藍色的天畔抹上了一層淡紅色，像少女臉上的紅暈。那一抹的紅色慢慢地沿著遠處的山峰往上爬，每爬一點，這天邊的朝霞就更紅一分。窗外淡淡黃色的晨光透過窗簾照進我的房間，手機開鈴的刺耳聲劃破了房間的寂靜，把我從這裡水碧山青的美景中拖了出來。隨著晨鐘的迴響，僧侶們開始一天的修行，悠揚的鐘聲從寺廟裡輕盈地飄來，我睡意全無，便想外出隨處走走。

賓館門口向前走一小段路有個齋堂，寺廟裡的僧人和師傅都會在這用膳，來祭祀或者爬山的遊客也可以在這過堂，雖是可以免費用餐和添食，但用完餐後要自己清洗餐具並歸還至原位。這些齋飯都是素食，味道寡淡，我有些吃不習慣。

簡單吃過早飯後，我走在寺廟裡荷花池邊的小路上，池裡滿是荷花，鋪滿了整個湖面，有的全綻放開來了，像是亭亭玉立的少女；有的含苞待放，宛如一個害羞的小女孩，碧綠的荷葉默默地映襯著荷花的嬌美。微風吹過湖面，送來縷縷清香，

一股淡淡的茶葉味也摻入了其中。

我抬起頭望向四周，旁邊的亭子裡坐著一對母子，男孩輕輕地從茶具盒中拿出一個清綠色的小茶杯，他的母親則從茶葉盒中拿了一小撮墨綠色的茶葉放進了茶杯裡，然後拿起桌上剛燒好的開水倒進去。滾燙的熱水沖散了靜靜躲在杯子裡的茶葉，像一條條小魚在驚濤駭浪中翻動。杯口上熱氣纏繞，縷縷青煙緩緩上升，蓋住了男孩的臉。我下意識地往後退了一步，男孩此時發現了我，便向我招了招手，他的母親很熱情地邀請我坐下來一起喝茶。

茶杯裡原本細長、緊縮的茶葉開始放鬆地舒展身子，有的左右搖擺，像是水面上的蓮花隨風飄搖，有的慢慢下沉，猶如一片片秋風中的落葉。最後，那些茶葉像花絮一樣蓬鬆地聚在杯底，杯子裡的水也漸漸地從無色變成碧綠的。我湊近茶杯一看，一股熱乎乎的香氣撲鼻而來，我情不自禁地端起茶杯輕輕地呷了一口，口中滿滿都是淡淡的清香。

我與他們聊了許久，交談甚歡，他們是住在這附近的居民，週末有空的時候，就會帶著茶具和自家的茶葉來這荷花池邊喝茶到中午。他們熱情地邀請我下午去他們家的茶莊作客，我想著這幾天也沒什麼具體安排，便答應了下來。趁天色還早，我便和他們暫時道別，回到房間再休息一會。

我迷迷糊糊地醒來後，已經是下午了，我吃了塊麵包便出發赴約了。車駛過彎彎的山路，在經過半個多小時的路程後，農村依山傍水的景色映入了我的眼簾。我下車後眺望遠處，柔和的夕陽和絢麗的雲彩橫臥在天邊群山上，倚山而建的一簇簇村落和一縷縷房頂上升起的嫋嫋炊煙，構建了一副農村獨有的美麗圖畫。隨後他們帶我去了他們家的茶莊和不遠處梯田上的茶莊，整個山間都瀰漫著清香的茶葉味，微風輕輕拂過我的臉頰，那味道中還混雜著新鮮泥土的味道，那是一種屬於農村的感覺。

這裡的節奏很慢，燒水很慢，沏茶很慢，人們的生活也很是悠閒。我平日裡素來是很急躁的，但在這裡，我很享受這份緩慢。這裡的飯菜很樸素寡淡，味道很怪，吃不習慣，但在其中，我品出了一種別樣的風味，那是一種遠離喧囂、怡靜自由的感覺。

之前我是不理解的，他們遠離鬧市，遠離繁華，生活不會孤單無聊嗎？現在我體會到了，甚至有些羨慕，他們有著山上的清風明月、有著自己的田園房屋、有著相親相愛的家人，有自由...這是屬於他們的慢節奏。

隨思想、隨意做，這也是一次獨屬於我自己的旅行。

白日落下，雲月漸起，今夜格外明亮。月光透過雲紗，似是要為我送上一程。離別之際，我也有許多不捨，這裡為我滌淨了心靈，退缺了疲勞，教會了我以耐心迎接生活中的「快節奏」.....

Restaurant Review

Date: 4th, January

Name of restaurant: Cupping Room

Rating: 4.5 stars

Last weekend, I celebrated my classmate's birthday at The Cupping Room, a delightful restaurant specialising in Western cuisine. The atmosphere was inviting, featuring spacious seating and large windows that offered beautiful views. It was the perfect setting for a birthday celebration.

The service we received was exceptional. The staff, including both waiters and waitresses, were friendly and attentive. They took the time to recommend their signature dishes and patiently took our orders, making us feel welcomed and valued.

We decided to try a variety of dishes: French fries, beef spaghetti, sandwiches, tiramisu and espresso. Among them, the tiramisu stood out to me. Its flavour was perfectly balanced, not too bitter and not overly sweet. The texture was wonderfully fluffy, and the rich chocolate topping added a delicious finishing touch.

Overall, The Cupping Room is a must-visit for dessert lovers. I highly recommend this restaurant to anyone looking to enjoy a memorable dining experience.

Wong Lok Hei 1A 20



My Best Friend

My best friend is named Anna, and she is 12 years old. She lives in Shenzhen and is tall and slim. Anna has big eyes and a small mouth, and her hair is short and curly. With her heart-shaped face, she is not only attractive but also very friendly. She is outgoing because she loves to talk, and she is polite, always greeting everyone she meets.

One of Anna's hobbies is reading. She often spends time in the library after school, engrossed in her favourite books. Another hobby of hers is swimming. She usually swims with friends at the local pool on weekends. Anna believes that swimming helps her relax.

I hope you will come to like my best friend as much as I do. Thank you!

Zheng Gigi 1B 23



Advice column

Dear Lonely John,

Thank you for your email. I'm sorry to hear about the challenges you are facing. Please know that you are not alone. Many people experience similar feelings.

I encourage you to join some school clubs or after-school activities. Engaging in these activities can help you meet new friends and create a sense of belonging. Additionally, participating in enjoyable pursuits can lift your spirits and distract you from feelings of loneliness. It is also beneficial for your mental health and may lead you to discover new hobbies.

Visiting the school library can be another great option. Reading is a wonderful way to relax and escape from everyday stress. You might also meet new friends while spending time there. Furthermore, consider participating in sports or physical activities. Exercise is an effective way to relieve stress and improve your mood.

Lastly, I hope my advice proves helpful. Remember, this feeling will not last forever. Be kind to yourself, and believe that you can overcome this. Hang in there!

Regards,
Editor

Zheng Gigi 1B 23



Myself

Hello! My name is Ki Ki Liu, and I am 12 years old. I attend Ho Ngai College (Sponsored by Sik Sik Yuen) and I am in class 1C. I would like to share a bit about my lifestyle and introduce myself to you.

I am a short girl with dark brown eyes and short hair. My face has sharp features, and I consider myself a cheerful person because I love to laugh and make jokes. Additionally, I am a quick learner and enjoy picking up new things easily.

One of my favourite hobbies is playing the violin. I practise at home after class because I find it to be a graceful and beautiful instrument. In my free time, I also enjoy playing badminton with my friends. Engaging in sports helps me stay active and strong.

In my family, there are four members: my parents, my brother and me. I do not have any pets, but I love spending time with my family.

Thank you for taking the time to read my introduction!

Liu Qi 1C 15



Chinese New Year

Chinese New Year is a special holiday that brings happiness and good luck. It is typically celebrated in January or February by Chinese communities around the world.

During Chinese New Year, my family and I gather for a reunion dinner. On the first day of the celebration, we watch the lion dance in the afternoon. In the evening, we enjoy a beautiful but noisy fireworks display. We stay awake until midnight on the first day, a tradition known as “Shou Sui,” which symbolizes welcoming the new year.

I feel a sense of joy during this festive season, especially when I receive red packets from my elder family members. However, I also feel exhausted because there are many activities to manage during the Chinese New Year. For example, we visit the flower market to buy flowers, which represent good luck and prosperity. We also clean our home before the celebrations begin to prepare for the new year. Although it can be busy, we find joy in these preparations.

There are certain things we avoid doing during the Chinese New Year. For example, we do not get haircuts, as cutting hair is believed to remove good fortune. Additionally, we refrain from cleaning during the festival itself, as this could wash away the "good luck" we have just welcomed.

In short, Chinese New Year is the most important festival in our traditional calendar. It is a time of celebration, family bonding and cultural rituals that bring both joy and meaning to our lives.

Wen Xi 1C 18



My unlucky day at school

Last Friday was one of the worst days I've ever experienced at school. A series of unfortunate events made the day particularly challenging.

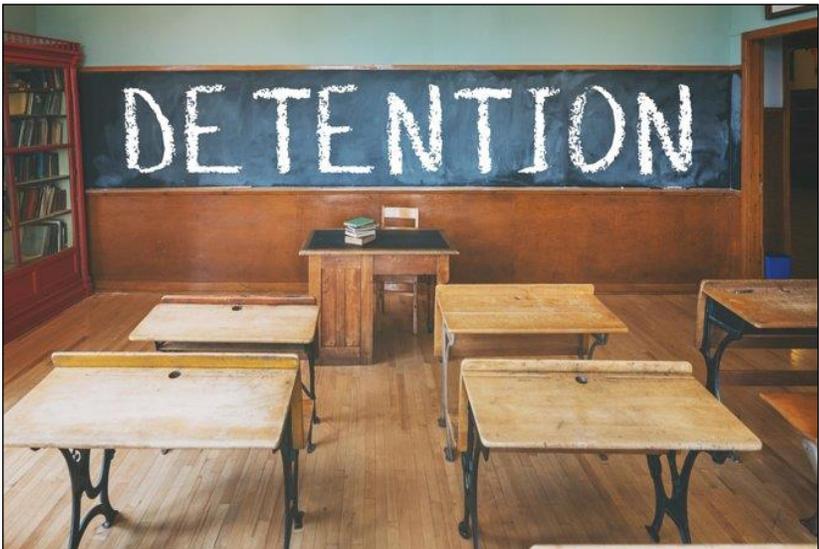
I woke up at 7:45 AM and realised I was running late. In my rush to get out the door, I accidentally left my homework on my desk. When I arrived in my classroom and took my seat, panic set in as I discovered that my homework was still at home. I searched through my school bag, but it was nowhere to be found.

Things took a turn for the worse at lunchtime when I got into an argument with my classmate, June. Initially, we were joking around, but then she made a comment that upset me, leading to a fight. As a result, the discipline teacher punished us by assigning us to detention.

As if that wasn't enough, I realised I had no money in my wallet, which meant I couldn't buy any food or drink for lunch. To make matters worse, while I was in the bathroom, I slipped and fell. It was incredibly embarrassing, especially since I ended up wetting my trousers.

Overall, it was a truly unlucky day, and I felt very upset. I sincerely hope I never have to experience such a day again.

Cheng Tsz Yu Kennice 2A 02



Are Board Games Better than Video Games?

In today's world, the debate over whether board games or video games are more beneficial is quite common. I believe that board games are superior because they promote social interaction, enhance cognitive skills and encourage healthier habits.

Firstly, board games foster face-to-face social connections. Unlike video games, which can often isolate players, board games require physical presence and encourage direct communication. For example, during family game nights with Monopoly, everyone gathers around the table, setting aside their devices to engage in friendly competition. This interaction strengthens relationships and creates lasting memories.

Secondly, board games enhance critical thinking and creativity. They often involve physical components like cards and dice, requiring players to think strategically and solve problems without relying on screens. A great example is chess, where players must carefully plan their moves and anticipate their opponent's strategies, thereby sharpening their logic and imagination.

Lastly, board games promote healthier, screen-free habits. They reduce reliance on electronic devices, minimizing eye strain and the sedentary behaviour associated with excessive video gaming. Games like Twister or Pictionary encourage players to move around, combining fun with physical activity.

In conclusion, board games outshine video games in nurturing real-world relationships, enhancing cognitive skills and promoting a healthier lifestyle. As we navigate an increasingly digital world, it is essential to recognize the value of traditional games that bring people together.

Zeng Yeung Tim 2A 30



The Worst Day at School

Last Friday was undoubtedly my worst day at school, and I would like to share my experience. The day began early. I woke up at 7 a.m. and had breakfast before getting ready. After brushing my teeth and putting on my school uniform, I felt prepared for the day ahead. However, as I was heading to school, I realised that I had forgotten to pack my homework, which was still sitting on my desk at home.

Things took a turn for the worse when I had a confrontation with my classmate, Mike, in the school hallway. Our disagreement escalated during lunchtime when he stole my lunch while I wasn't paying attention. A teacher intervened and broke up the incident, but unfortunately, she issued both of us a demerit for our misbehaviour. I felt very upset about the entire situation.

As if that wasn't enough, my bad luck continued. When I tried to buy snacks after school, I discovered that my wallet was empty. I realised that I must have dropped all my money somewhere along the way. This made me feel incredibly frustrated. To top it all off, I slipped on the floor while walking home because I was distracted by my phone and didn't see the warning sign.

Reflecting on that day, I felt overwhelmed by a series of unfortunate events. I truly wish that bad luck would leave me alone, as I hope for better days in the future.

Chang Chi Ling 2B 04



A letter of advice – shopping mall

Dear Manager,

I hope this message finds you well. I am writing to offer some suggestions that could enhance the popularity and overall shopping experience at your mall. Recently, I conducted a survey comparing the types of shops, services and facilities offered in your mall with those at V City.

One of the main differences I observed is the lack of cafés in your mall. Cafés provide a comfortable space for people to socialise and relax, which can significantly increase foot traffic. By adding more cafés, you can create an inviting atmosphere that encourages visitors to spend more time at your mall.

Additionally, I noticed that V City has a greater variety of electronics shops compared to your mall. These stores not only attract tech-savvy customers but also contribute significantly to revenue generation. By expanding your electronics offerings, you can potentially increase sales and attract a wider customer base.

In terms of services, V City provides an information desk, which is absent in your mall. An information desk is vital for assisting customers with inquiries and guiding them throughout their shopping experience. Implementing this service could enhance customer satisfaction and encourage repeat visits.

Furthermore, V City offers free Wi-Fi and parking, which are essential amenities for today's shoppers. Free parking, in particular, can be a decisive factor for customers when choosing where to shop. Many individuals prefer locations that do not impose parking fees, as this can make their shopping experience more convenient and enjoyable. By offering these amenities, you could attract more visitors who are willing to spend money in your mall.

I am excited about the potential improvements that could transform your mall into a bustling hub of activity. Thank you for considering these suggestions.

Best regards,
Chris Wong



Wong Tsz Pok 2B 28

Protecting Wildlife

Wildlife Week is just around the corner, and in this edition, we aim to address a pressing issue: the protection of wildlife. It is widely recognised that numerous animal species around the globe are endangered due to the harmful actions of humans. However, there are many proactive steps we can take to safeguard these animals and their habitats.

This article will explore various strategies through which we can collectively make a significant impact in protecting the extraordinary creatures that inhabit our planet. Numerous species, both aquatic and terrestrial, are classified as endangered. Among the endangered marine animals are the Golden Coin Turtle and the Finless Porpoise. On land, we find equally vulnerable species, such as the Chinese Pangolin and the Burmese Python. In Hong Kong, we are also home to endangered wildlife, including the Eurasian Otter and Romer's Tree Frog.

Understanding the common threats faced by these endangered species is crucial. The most severe threat is poaching, which has driven species like the rhinoceros and tiger toward the brink of extinction due to illegal hunting for their horns, skins and other body parts. Another significant threat is deforestation, which leads to habitat destruction and ultimately the extinction of countless plant and animal species that depend on forests for survival. Furthermore, wildfires contribute to environmental degradation by releasing substantial amounts of smoke and pollutants into the atmosphere, adversely affecting air quality and posing health risks to both humans and wildlife.

Fortunately, there are numerous ways in which we can help protect wildlife. First and foremost, we can volunteer our time for charitable organisations such as the World Wildlife Fund (WWF) and OWLHK. Engaging in community clean-up efforts at beaches, country parks and forests can make a tangible difference. Additionally, we can contribute financially to wildlife conservation by saving a portion of our pocket money regularly to donate to organisations dedicated to animal protection. For instance, setting aside £10 per week to support the WWF can have a meaningful impact.

Moreover, we can adopt environmentally friendly practices in our daily lives. This includes reducing, reusing and recycling materials to minimise pollution. Simple actions, such as using reusable shopping bags when we go grocery shopping, can collectively lead to significant positive changes for our environment.

In conclusion, if we fail to take action to protect wildlife, the consequences could be catastrophic. We must unite in our efforts to ensure the survival of these magnificent creatures. By taking meaningful steps today, we can help preserve the rich biodiversity of our planet for future generations.



Yip Tsz Wing 2B 29

A letter of advice – Shopping mall

Dear Mall Manager,

I am writing to offer suggestions aimed at enhancing the popularity and overall shopping experience at Waldorf Mall. Recently, I conducted a survey comparing the types of shops, services and facilities available at Waldorf Mall and V City. My findings indicate that V City boasts a wider variety of shopping options, which may contribute to its higher foot traffic.

For instance, V City features a greater number of bakeries, boutiques and electronics shops than Waldorf Mall. Notably, the absence of a bookstore and the limited number of convenience stores at Waldorf Mall could deter potential visitors. To attract more shoppers, I recommend considering the addition of more diverse shopping outlets, as this could significantly increase the frequency of visits to your mall.

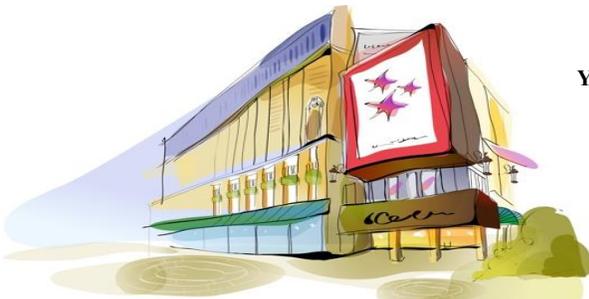
In terms of services, I observed that Waldorf Mall lacks an information desk. Implementing such a facility would greatly assist visitors, particularly foreigners, who may not be familiar with the layout of the mall. An information desk would help ensure that all guests can navigate the space with ease, thereby enhancing their overall experience.

Additionally, when comparing the facilities provided by both shopping centres, it is evident that Waldorf Mall could benefit from the introduction of free Wi-Fi, mobile phone charging stations and complimentary parking. These amenities would not only improve visitor satisfaction but also encourage longer stays. Offering free parking, in particular, would be advantageous for drivers and could make the mall a more appealing destination.

I am hopeful that these suggestions will contribute to a revitalised and more enjoyable environment at Waldorf Mall. I look forward to witnessing the positive changes that may arise from these recommendations and hope to see a refreshed and inviting atmosphere for all shoppers.

Thank you for considering my feedback. I look forward to your response and am excited about the future of Waldorf Mall.

Best regards,
Chris Wong



Yip Tsz Wing 2B 29

The Wizard of Oz

The story I will discuss is “The Wizard of Oz,” written by L. Frank Baum. This classic tale falls into the fantasy genre and features elements of adventure and wonder.

The main character is Dorothy Gale, a young girl who lives in a small house in Kansas with her Uncle Henry, Aunt Em, and her little black dog, Toto. The story is also known for its 1939 film adaptation, directed by Victor Fleming, which stars Judy Garland as Dorothy. In this enchanting film, Dorothy’s life takes a dramatic turn when a cyclone sweeps her house away to the magical land of Oz. Upon arrival, her house lands on the Wicked Witch of the East, killing her. The Munchkins, the inhabitants of Oz, celebrate Dorothy as a hero, and she receives the magical ruby slippers from Glinda, the Good Witch of the North.

Dorothy is advised to follow the Yellow Brick Road to the Emerald City to meet the Wizard of Oz. Along the way, she meets three companions: the Scarecrow, who desires a brain; the Tin Man, who longs for a heart; and the Cowardly Lion, who seeks courage.

The character I like most is Dorothy Gale. She is the heart of the story. I admire her bravery, compassion and determination to return home to Kansas. Throughout her journey, she demonstrates loyalty to her friends and courage in standing up against evil, making her a relatable and admirable character. In contrast, I find the Wizard of Oz unlikable because he is initially deceitful and manipulative.

The story conveys important messages about the value of home and family. Dorothy’s journey emphasizes that no matter how far one travels or how many adventures one experiences, there is truly no place like home.

If I could ask the Wizard for help, I would request a safe return home, just like Dorothy. This wish symbolizes my desire for comfort and security in my life. If I could change the story, I would alter the ending to include Dorothy’s friends joining her on the journey back to Kansas.

Overall, I love this story and would give it five stars! I highly recommend this book to all my friends and encourage parents to read it to their children during story time. It’s a timeless tale that resonates with readers of all ages!



Yip Tsz Wing 2B 29

Are Home Robots a Good Idea

Home robots are becoming increasingly popular in modern households, providing innovative solutions for daily tasks. One major advantage of these robots is their ability to enhance efficiency.

For example, robotic vacuum cleaners can automate the tedious chore of cleaning floors, saving users valuable time each week. Advanced models can even map out living spaces for optimal cleaning, making them particularly beneficial for busy professionals or individuals with mobility challenges.

However, there are legitimate concerns regarding privacy. Many home robots collect sensitive data, such as floor plans and voice recordings, to operate effectively. If this information is compromised, it could lead to serious security breaches. Additionally, ethical questions arise about data ownership and potential misuse.

In conclusion, while home robots offer significant benefits, it is essential to carefully consider the potential risks involved. As technology continues to advance, finding a balance between convenience and security will be crucial in the integration of these devices into our daily lives.



Wong Kai Zhi 2C 13

Fitness Club

My name is Chris Wong, and I am the Chairperson of the Fitness Club. Today, I would like to discuss the importance of improving our health. I have observed that many of our classmates lead unhealthy lifestyles, spending excessive time playing video games and remaining inactive at home. This sedentary behaviour can significantly decrease physical strength and overall well-being, as many students become "couch potatoes," sitting for long hours while engaged with electronic devices or watching television.

Furthermore, our eating habits contribute to this issue. Many students indulge in junk food such as French fries, pizza, hamburgers and cakes. Additionally, sugary drinks like cola and ice cream are often consumed, which can lead to health problems. These poor dietary choices can result in various conditions, including obesity, diabetes, gastroenteritis, sore throats and even acne. This emphasises the importance of maintaining a balanced diet.

To help us become healthier and stronger, I would like to propose several actionable steps. First and foremost, it is vital to maintain a balanced diet. While snacks can be enjoyed, they should be consumed in moderation. Drinking plenty of water and incorporating more fruits and vegetables into our meals will provide essential vitamins and calcium.

In addition to dietary changes, regular exercise is crucial. I recommend that we engage in at least half an hour of physical activity each day, which will help us build strength and improve our fitness levels. Furthermore, ensuring we get enough sleep, at least 7 to 8 hours a night, will increase our energy levels and strengthen our immune systems, making us less susceptible to illness.

I urge each of you to take action starting today! Let's work together to adopt healthier habits and strive for a stronger community.



. Zhang Man Ki 2C 16

Fitness club

Dear Principal, Teachers and Fellow Schoolmates,

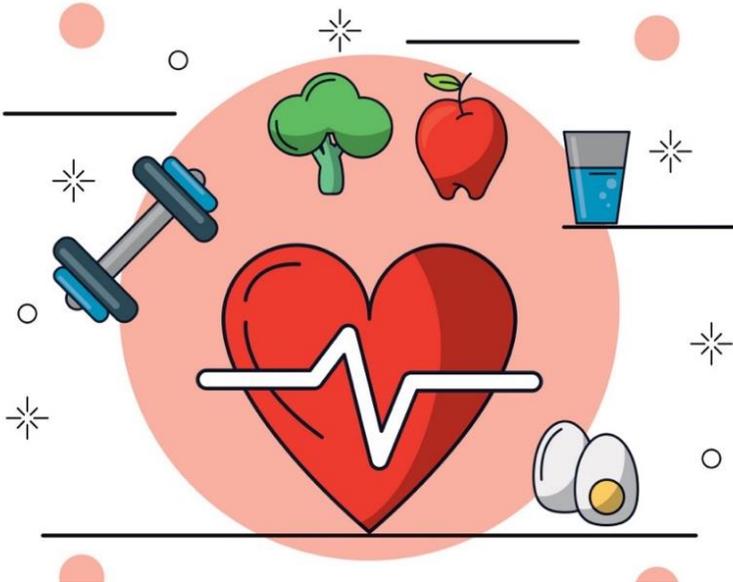
My name is Chris Wong, and I am the Chairperson of the Fitness Club. Today, I would like to discuss the importance of improving our health.

I have noticed that many students at our school are not as healthy as they could be. A large number of us often consume fast food, such as pizzas and hamburgers, which can lead to unhealthy lifestyles. Additionally, spending excessive time watching TV and playing video games contributes to weight gain and can make us more susceptible to illness. Eating high-calorie, high-salt and high-sugar foods may eventually result in health issues like gastroenteritis or decreased immunity, making it easier for us to get sick.

To help us become healthier and stronger, I would like to propose a few suggestions. First, we should aim to get at least 30 minutes of exercise outdoors every day. This could include activities such as jogging, playing sports or even going for a walk with friends. Regular physical activity not only helps improve our fitness but also boosts our immune systems, making it less likely for us to fall ill.

I encourage each of you to take action starting today! Let's work together to adopt healthier habits and strive for better health and fitness. Together, we can support one another on this journey and create a stronger, healthier school community.

Zhao Xin Jie 2C 18



Trip to Beijing

From: chriswong@gmail.com
To: davidchan@gmail.com
Subject: Trip to Beijing!

Dear David,

I hope this message finds you well! I am thrilled about our upcoming weekend trip to Beijing, and I wanted to share some details to ensure we are all prepared for an unforgettable adventure.

First, let's confirm our flight and accommodation arrangements. We will be departing from Hong Kong on Friday, 18th November, at 8:45 AM, and will return from Beijing on Sunday, 20th November, at 4:45 PM. For our stay, I recommend the Citic Hotel Beijing Airport, which is particularly family-friendly and offers a wealth of amenities that will enhance our experience.

On our first day in Beijing, we will visit the iconic Forbidden City, the historical palace that served as the home for 24 Chinese emperors. As the largest imperial palace in the world, it is not only a UNESCO World Heritage Site but also one of the most significant museums globally. We will have the opportunity to admire its stunning architecture, exquisite paintings, intricate statues and antique furniture. Don't forget to bring your cameras to capture these remarkable moments! For our meals, we will start the day with delicious dim sum, enjoy fried rice for lunch, and conclude with savoury sauce noodles in the evening.

On the second day, our itinerary includes a trip to the Great Wall of China, one of humanity's most ambitious constructions, stretching over 21,000 kilometres. If we feel tired from our explorations, we can opt for a scenic cable car ride to the wall's summit, allowing us to take in breathtaking views of the surrounding landscape. For breakfast, we will savour dumplings, indulge in delectable skewers for lunch—my personal favourite—and relish a sumptuous hotpot for dinner.

On our final day, we will explore Wangfujing Street, renowned as China's most famous shopping destination. This vibrant street is lined with a diverse array of shops and boutiques, where we can find exquisite souvenirs and traditional Chinese arts and crafts. Our culinary journey will continue with Beijing yoghurt for breakfast, followed by Chinese crepes for lunch, and we will end our trip with the famous Peking duck for dinner—a true culinary highlight! In conclusion, I believe this trip will be both enriching and enjoyable. I can hardly contain my excitement and look forward to creating lasting memories together in Beijing!

Write soon!
Chris

Jiang Lai Nga 2D 04

Trip to Beijing

From: chriswong@gmail.com
To: davidchan@gmail.com
Subject: Trip to Beijing!



Dear David,

I hope this message finds you well! I'm thrilled to share some exciting news. My parents are planning a weekend trip to Beijing, and they have invited you, along with my aunt and uncle, to join us!

My mother has provided me with the details regarding our travel arrangements. We will meet at the airport at either 7:30 AM or 8:00 AM. It's always better to arrive early, so let's aim for 7:30 AM. Please make sure to eat breakfast beforehand, as we will be embarking on a 5-hour and 40-minute flight from Hong Kong to Beijing. Following our arrival, we will be staying at the Greentree Inn at Beijing Capital Airport Branch 2. This hotel is not only economical but also conveniently located just 0.67 kilometres from the airport.

On our first day, we will head to the Great Wall of China. We'll find a nearby restaurant for our morning meal, but I recommend bringing some snacks for the journey as well. The Great Wall stretches approximately 21,000 kilometres, so while we may not hike the entire length, I am confident you will be captivated by the breathtaking views from the towers. Additionally, we can take a cable car ride, which should be a thrilling experience, especially considering your fear of heights! After our day of exploration, we can order takeout for dinner and relax for the evening.

On the second day, my father suggested a visit to the Forbidden City. Let's keep breakfast flexible and see what delightful options we discover along the way. I've heard that Jingshan Park, just a short walk from the city, offers stunning views of the palace, making it a perfect stop before our tour. As one of the world's premier museums, the Forbidden City boasts a remarkable collection of paintings, statues, and historical furniture. After our tour, my mother has already reserved a table at a nearby restaurant for a delicious hotpot dinner—something I am particularly looking forward to!

On our final day, I propose we visit Wangfujing Street, the most renowned shopping street in China. It's a mere 35-minute ride from Beijing Station via the railway. The street features a diverse array of shops and boutiques, and we can sample various street foods, including delightful Chinese crepes. Be sure to bring an empty suitcase, as we will want ample space for souvenirs!

That's all the information I have for now! I can't wait to embark on this adventure together. See you this weekend!

Love,
Chris

Wong Ka Yee 2D 13

The worst day at school

Last Friday felt like a doomsday for me. A series of unfortunate events unfolded, each more disheartening than the last.

To begin with, upon arriving in my classroom, I prepared to hand in my homework, only to discover that my History assignment was missing from my bag. A frantic search ensued, but there was no sign of it. It suddenly dawned on me that I had left it on my desk at home, having forgotten to pack it! This oversight resulted in my receiving detention after school. Although I was deeply upset, I tried to push the disappointment aside.

During recess, while I was alone with a classmate in the classroom, I realized that my purse was missing. Panic set in as I frantically searched the room. I had a total of two hundred dollars in that purse! After several minutes of fruitless searching, my anxiety got the better of me. I approached my classmate and, in a moment of frustration, demanded, "Hey! Did you see my purse?" Unfortunately, my tone may have been misinterpreted, and he reacted by pushing me, questioning how he could possibly know anything about it.

Already on edge from the loss of my purse, I retaliated by pushing him back. This altercation escalated into a physical fight, just as Miss Lee happened to walk by. She intervened, scolding us for our reckless behavior and emphasizing the dangers of fighting. Both of us felt humiliated as a crowd gathered outside our classroom, witnessing our embarrassing confrontation. It was a moment that would be etched in our memories, a reminder of how we failed to communicate our frustrations constructively.

To cap off this dreadful day, as I was walking home, the skies opened up and it began to rain. I hastily pulled out my umbrella but, in my rush to reach the bus stop, I slipped and fell. This mishap not only caused me to miss the bus but also left my lower half drenched! Waiting at the bus stop, soaked to the skin after such a terrible day, felt like an ordeal akin to enduring the eighteen stages of hell.

This Friday will forever be etched in my memory, serving as both a lesson learned and a reminder of how quickly a day can spiral out of control. I can only hope that it was just a fleeting nightmare I can leave behind.

Ye Zixi Wendy 2D 14

A letter of advice

Dear Daisy,

Thank you for your letter! I am glad to have the opportunity to help you. First, if your brother is unwilling to share the table, I suggest heading to the library to complete your homework. If going to the library is not feasible, finishing your homework at school is also a valid option. Alternatively, you might consider negotiating with your brother about sharing the table, as this could lead to a more cooperative arrangement.

Second, I recommend participating in our school's "Big Brother and Sister" program, where you can earn money by completing simple tasks. Additionally, you could negotiate with your parents for a bit more pocket money. If you want to spend time with your friends without spending too much, consider free activities such as visiting the library, walking in a park or playing sports. These options can be enjoyable and budget-friendly.

Finally, it's important to find an appropriate time to discuss your problems with your parents. Since they are very busy, you should seize the opportunity to communicate openly with them. I also suggest spending more quality time together to strengthen your bond. Being transparent about your feelings will help them understand your situation better and assist in resolving your issues.

Best regards,
Agony Aunt

Yim Casey Ming Hui 2D 18



Inanimate Insanity 2: The movie (2024)

Rating: ★★★★★

Suitable for: 13+ PG

Reviewed by: Jaakko

Inanimate Insanity II: The Movie is an animated action film directed by Justin Chapman, Adam Katz, and Brian Koch. The film features two main characters, Suitcase and Knife, voiced respectively by Sam Thornbury and Justin Chapman.

The story revolves around MePhone, the host of the competition, who is a sentient phone created by a nefarious company called Meeple. After escaping from his creator, MePhone embarks on a three-season series of reality show competitions as an act of rebellion. As the latest season approaches its climax, the final contestants—Suitcase and Knife—find themselves in peril as MePhone's dark past resurfaces. This looming threat not only endangers the contestants but also jeopardizes the proper conclusion of his show. The central challenge they face is to defeat the CEO of Meeple, Steve Cobs.

The film excels with its suspenseful storyline and thrilling fight scenes, particularly the intense confrontation between MePad, MePhone's assistant, and Steve Cobs. My favourite moment occurs during the medley following Steve Cobs' defeat, featuring the song "I, I." This catchy tune, along with the engaging cameos, adds a delightful touch to the film, and the inclusion of humorous songs like "She Forgot!" further enhances the viewing experience.

I highly recommend *Inanimate Insanity II: The Movie* to anyone who enjoys object shows and action-packed narratives. It is an entertaining film that successfully blends humour and excitement, earning a solid 10/10 rating from me.

Tai Wang Hin Jaakko 3A 20



Smartphones will make our lives better

It is increasingly common to see individuals of all ages, including young children as young as nine or ten, using smartphones. From my perspective, smartphones significantly enhance our lives, making them more convenient and efficient.

Firstly, smartphones are equipped with a multitude of functions that cater to a wide range of user needs. For instance, every smartphone comes with a camera, allowing us to capture precious moments with family and friends. Personally, I enjoy taking photos during outings with my family, which helps us create lasting memories. Additionally, we can download various applications, such as translation apps, which can be invaluable for communication and learning. Moreover, smartphones enable us to utilize artificial intelligence to search for information, making it easier to complete homework assignments and access educational resources.

Secondly, smartphones facilitate seamless communication, making it easier for people to stay connected. Social media platforms, like Instagram, allow us to share posts with friends and send messages to family members instantly. Furthermore, we can make phone calls to connect with people across the globe, breaking down geographical barriers and fostering relationships.

Lastly, smartphones empower us to engage in social issues and charitable activities. They enable users to track policies and voice opinions through news apps and government platforms. We can participate in polls or digital campaigns that advocate for important causes, such as environmental protection and human rights. This connectivity encourages civic engagement and allows individuals to contribute to societal change.

In conclusion, smartphones offer tremendous convenience and support in various aspects of our lives. They enhance our ability to communicate, provide versatile functionalities, and encourage social engagement. This is why I firmly believe that smartphones make our lives better and more convenient.



Zheng John 3A 30

Application for the post of Waiter

Flat A 40/F
Green Park Garden
Sun Street
Tuen Mun, N.T
1st November 2024

Ms Tam
Ding Ding Café
12 Wan Chai, HK

Dear Ms Tam,

My name is Chris Wong, and I am a Secondary 3 student at Ho Ngai College (Sponsored by Sik Sik Yuen). I am writing to apply for the position of waiter, as advertised in the Hong Kong Daily News on 28 May 2024.

I believe I am well-suited for this role due to my strong work ethic and commitment to excellence. I consistently dedicate numerous hours to my studies, striving to achieve high grades, which reflects my diligence and reliability, qualities essential for a waiter.

Additionally, I have received multiple awards in both English and Putonghua speech competitions, demonstrating my fluency in these languages. This proficiency will help me communicate effectively with a diverse range of customers, enhancing their dining experience.

Furthermore, I consider myself an outgoing individual. As a member of the football team, I understand the importance of teamwork, particularly in a fast-paced restaurant environment. I am confident that my ability to collaborate effectively with colleagues will contribute positively to your establishment.

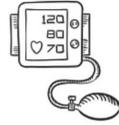
I would be delighted to attend an interview at your earliest convenience. Thank you for considering my application. I look forward to the opportunity to discuss my candidacy further.

Sincerely,
Chris Wong



Cheng Siu Hin 3B 04

Self-reflection: Choices on electives or jobs



As a generous and adaptable individual, I possess strong emotional control and excellent listening skills, qualities that are essential for a career in medicine. Based on these attributes, I have been advised to pursue electives in Biology, Chemistry and Visual Arts. I believe that becoming a doctor is a suitable path for me, as I can remain composed in stressful situations and attentively consider the needs and opinions of others. Furthermore, I am committed to being a compassionate caregiver.

To support my career aspirations, I have chosen Biology and Chemistry as my primary electives, as they provide essential knowledge for a medical professional. Additionally, I am interested in Visual Arts, which allows me to explore my creative side. These electives will not only enhance my understanding of the sciences but also foster creativity, which is valuable in patient care and communication. Ultimately, they will help me strengthen my application to my dream university.

In order to achieve strong academic results, I am dedicated to studying diligently and focusing on personal growth. The medical profession demands excellent listening skills and the ability to remain calm under pressure. I am committed to addressing my anger management issues and actively improving my listening abilities to ensure I can follow instructions and respond effectively to others.

In conclusion, my inherent generosity and adaptability motivate me to choose Biology, Chemistry and Visual Arts as my electives, with the goal of becoming a doctor. I am determined to meet the necessary requirements and strive to be the best version of myself in this pursuit.



Rumaisa Ali 3B 25

Proposal for a beach clean-up day for Charity



Dear Principal Cheung,

The Charity Club is pleased to propose a beach clean-up day for all Form 3 students to raise funds for the Hong Kong Red Cross. This organisation plays a vital role in improving the lives of underprivileged children around the world. Our goal for this event is not only to support a worthy cause but also to instil in our students a sense of responsibility for caring for the environment.

We suggest hosting the clean-up from 9 AM to 11 AM, as the beach will be less crowded in the morning and will likely have accumulated debris following a public holiday. The clean-up will take place at Butterfly Bay, a location known for its natural beauty but often littered with waste. To facilitate the clean-up, students will be provided with rubbish bags, clips and gloves for picking up litter. They will also be tasked with categorising the waste collected, including plastics, metal cans and paper products.

To encourage teamwork and friendly competition, we propose dividing the students into six groups within each class. The group that collects the most rubbish will be rewarded with a prize, recognising their efforts and encouraging others to participate actively.

We firmly believe that taking action to clean our environment will not only benefit our local community but also create a more enjoyable experience for everyone who visits the beach. By participating in this event, students will learn the importance of environmental stewardship while having fun with their peers.

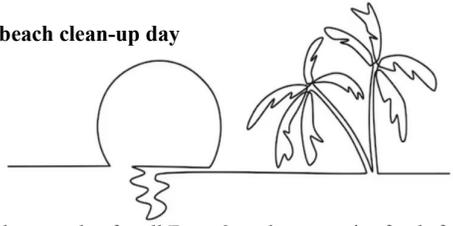
We sincerely hope you will support this initiative and help us make it a success. Let's take action together!

Yours sincerely,
Chris Wong



Rumaisa Ali 3B 25

Proposal for a beach clean-up day



Dear Principal Cheung,

The Charity Club is excited to propose a beach clean-up day for all Form 3 students to raise funds for the Hong Kong Red Cross. This organisation plays a vital role in improving the lives of underprivileged children around the world, making our efforts even more meaningful.

We suggest holding the event on 2 October from 9 AM to 11 AM. This timing is ideal, as the beach will likely need attention following the public holiday. Our chosen location for the clean-up is Butterfly Bay, a beautiful area that deserves to be preserved. Students will be divided into six groups within each class, fostering teamwork as they work together to clean the beach. Each participant will be provided with rubbish bags, clips and gloves to ensure they can safely and effectively collect litter.

After the clean-up, students will be encouraged to reflect on their own habits by identifying at least two or three ways to reduce waste in their daily lives. For instance, they could commit to using fewer plastic bags or opting for reusable containers.

In conclusion, we believe that this event will not only transform Butterfly Bay into a cleaner and more inviting space for swimming but also benefit the local community by providing a pleasant environment to enjoy. Additionally, this initiative will help students create lasting memories and instil in them the importance of adopting eco-friendly habits to protect our environment. We look forward to your support in making this event a success!

We sincerely hope that you will approve this proposal.

Yours sincerely
Chris Wong



Zhong Tsun Wan 3B 33

Film review

Fast & Furious (2001)

Fast & Furious is a film that delivers thrilling action and adrenaline-pumping races.

Rating: ★★★★★

Suitable for: everyone

Reviewed by: Wendy Zhong

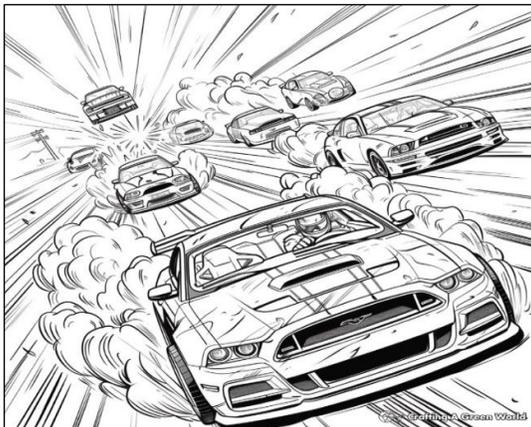
Fast & Furious is an exhilarating racing film directed by Rob Cohen, featuring a standout cast that includes Vin Diesel, Paul Walker and Michelle Rodriguez.

The narrative centres around a street racing crew that becomes embroiled in an investigation related to a series of hijackings, exploring complex friendships and loyalties within the high-stakes world of underground racing.

The film is visually stunning, with impressive cinematography that captures the excitement of the races. The storyline is engaging, bolstered by strong performances from the cast. One of my favourite moments is when members of the crew band together to support a friend in need, showcasing the themes of camaraderie and loyalty that run throughout the film.

I highly recommend *Fast & Furious* to anyone who enjoys action-packed films. Its thrilling car races and compelling character dynamics make it a must-see for fans of the genre. This box office hit is sure to captivate audiences with its blend of excitement and drama!

Zhong Tsun Wan 3B 33



Ethnic minority students need more support

Dear Editor,

I am writing in response to your article titled “Ethnic Minority Students Need More Support.” In my opinion, this is a pressing issue for the government, and it is imperative that we address it to assist ethnic minority students effectively.

First and foremost, it is common for minority students to encounter significant difficulties in the classroom. A recent survey revealed that these students comprehend only 70 percent of the information presented to them, primarily because Chinese is not their mother tongue. Additionally, 72 percent of Chinese-language teachers in the territory have not attended training sessions focused on teaching Chinese as a second language, further exacerbating the challenges faced by these students.

To tackle this problem, I propose two potential solutions. Firstly, schools should offer specialized Chinese language classes for minority students. Providing additional language support, such as after-school tutoring and group study sessions, which could greatly assist these students in their language acquisition journey.

Secondly, it is crucial for minority students to engage in communication with their local classmates as much as possible. Promoting interaction among peers will provide minority students with opportunities to participate in group discussions and activities, thereby enhancing their language expression skills.

In conclusion, language barriers should not hinder ethnic minorities from receiving a quality education. Hong Kong is a multicultural society that should be free from discrimination, including in its educational system. This issue deserves serious attention, and I urge the government to take concrete steps to support ethnic minority students.

Yours faithfully,
Grey Liu

Chen Nga Wun 3C 04

Self-reflection: choosing electives/job

As a helpful and patient individual, I excel at assisting others and managing difficult situations without losing my temper. I also have a strong ability to care for those in need, which makes a career in dentistry particularly suitable for me.

To pursue my goal of becoming a dentist, I plan to select Biology and Chemistry as my electives. I have chosen Biology because of my genuine interest in the subject and my desire to help those who are unwell. Additionally, Chemistry is a fundamental requirement for anyone aspiring to enter the dental field. According to the information provided by the Academic Committee, studying Chemistry at the university level is essential for prospective dentists. Therefore, taking this elective will be instrumental in my journey towards dental school.

To ensure I achieve excellent results in these subjects, I am committed to working diligently to grasp the concepts of science and perform well in my exams. I also intend to study additional Biology and Chemistry in Form 4 to prepare myself thoroughly for these electives.

In terms of the professional requirements for becoming a dentist, it is crucial to have a comprehensive understanding of dental knowledge, along with a bachelor's degree from a recognised university. To gain further insight into the profession, I plan to visit a dental hospital to observe the work of practising dentists and deepen my understanding of the field.

In conclusion, as a compassionate and patient person, I am eager to choose Biology and Chemistry as my electives and pursue a career as a dentist. I am determined to work hard to meet the necessary requirements and expand my knowledge in both Biology and Chemistry.

Zhang Shangyu 3C 28



Smartphones will make our lives better

Do smartphones make our lives better or worse? This debate has persisted for many years. While some people argue that smartphones can lead to addiction and disconnection, I believe that they are fundamentally beneficial to our lives.

First and foremost, smartphones enable us to stay connected with ease. We can send messages instantly, transcending limitations of time and space, allowing our friends to understand our needs quickly. Additionally, communication apps like WeChat and WhatsApp offer various features, including video chat, which allows us to engage in face-to-face conversations regardless of distance.

Furthermore, smartphones provide us with immediate access to information whenever we need it. For instance, if you want to visit a new place but don't know the address, Google Maps can guide you accurately to your destination. Moreover, if you have questions in your daily life, you can quickly search the internet for answers. This capability ensures that we stay informed about current events and developments in different countries.

Last but not least, smartphones are invaluable tools for learning. Numerous educational apps, such as DeepSeek, Doubao and GPT, offer interactive learning experiences. These applications often feature virtual characters that engage in conversations in English, helping students improve their language skills. When learners encounter challenges, they can seek assistance from these apps, which provide detailed problem-solving steps to enhance their understanding.

In summary, smartphones significantly improve our communication, access to information, and learning opportunities. As we have seen, their benefits far outweigh the potential drawbacks. I firmly believe that smartphones will continue to enhance our lives in the future.



Zhang Shangyu 3C 28

Trip to Cheung Chau

Good morning, Principal, teachers and fellow students. I am Saira from 4A, and today I would like to share our recent trip to Cheung Chau.

Cheung Chau was once a fishing village and is located about 10 kilometres to the southwest of Hong Kong Island. This charming island covers an area of 2.45 square kilometres and is well-known among both locals and tourists for its delicious food, including big fish balls, fresh seafood and delightful desserts.

Let me highlight two of the most famous tourist attractions in Cheung Chau. First, there is the Pak Tai Temple, a stunning example of traditional Chinese architecture. The temple features beautiful ceramic tiles and intricately designed roofs adorned with animal motifs, such as guardian lion statues. For those interested in water sports, Kwun Yam Wan Beach is another popular spot where visitors can enjoy various activities.

During our trip, there were countless activities to engage in. We rode bicycles, went swimming, tried our hand at fishing, indulged in seafood, purchased souvenirs, and even hiked up a hill. Cheung Chau is also renowned for its iconic food items that are unique to the island. For instance, you must try the fresh seafood and mango mochi, and don't forget to sample the famous fish balls!

Getting to Cheung Chau is quite convenient. From Tuen Mun, you can take bus no. 96 to Central and then catch a ferry to the island. Indeed, Cheung Chau is a remarkable destination. I hope you all consider visiting Cheung Chau during the upcoming holiday!

Shah Sahira 4A 19



My last day in Sydney

Today marked the final day of our visit to Sydney, and we embarked on a one-day tour that allowed us to explore several famous attractions in the city.

We began our day outside the iconic Sydney Opera House. The atmosphere was lively, with many visitors taking photos, and we joined in the fun by capturing group pictures together. The view was spectacular, and I couldn't resist taking several photos of the Opera House itself to remember this moment.

Next, we boarded a coach and headed to Chinatown, a vibrant area filled with malls, markets and arcades. There were countless shopping opportunities, including factory outlets, World Square and Paddy's Markets. I took advantage of these options and bought a variety of souvenirs, such as handicrafts, keychains, snacks, and magnets.

In Chinatown, I also explored a range of restaurants representing different cultures, including Korean, Malaysian, Thai, and Japanese cuisine. I decided to try a Korean restaurant, where I enjoyed a delicious meal that included Korean fried chicken, noodle soup, fried rice, and skewers.

After our time in Chinatown, we took a ferry to the Sydney Harbour Bridge, where I participated in the Express Climb. The view from the top was breathtaking, and although I felt a bit scared, the experience was incredibly fun. We wore safety gear, including a Bridge Suit and safety belts, to ensure our safety. My climb leader was excellent, providing guidance and sharing fascinating facts about the bridge throughout our ascent. I chose the Express Climb because we didn't have much time, and it lasted only 2 hours and 45 minutes. The climb involved 1,002 steps to reach the summit, but there were fewer steps along the way.

After the Bridge Climb, I was both exhausted and hungry. We took a ferry to Manly Wharf for dinner at Hugos, where we enjoyed a feast of fresh seafood. The meal included oysters, prawns, salmon, and bluefin tuna. I particularly enjoyed the salmon for its rich, chewy texture. It was one of the most unforgettable dinners I've ever had, leaving me fully satisfied.

This goodbye tour was truly memorable. If I save enough money and have a long holiday, I would love to return to Sydney. I also hope to visit other countries such as Canada, Italy and the United Kingdom in the future. I will miss Sydney so much!

Shah Sahira 4A 19

Trip to Cheung Chau

Good morning, Principal, teachers and fellow students. I am Sandy from Class 4A, and today I am excited to share my experiences from our recent trip to Cheung Chau. Once a quaint fishing village, Cheung Chau is situated in the southwest of Hong Kong Island. Covering an area of just 2.45 square kilometres, this charming island has become a popular destination for both locals and tourists, renowned for its delicious big fish balls and delectable mango mochi.

Let me highlight two of the island's most popular attractions. First and foremost is Tung Wan Beach, which is arguably the most beautiful beach I have ever encountered. The beach features a well-maintained bathing area, delightful cabarets and excellent facilities for visitors. The expansive scenery, with its endless sky and shimmering waters, creates a breathtaking backdrop. For those looking to strengthen their bonds with loved ones, I recommend visiting the Love Lock area, where couples can design their own locks to symbolise their affection and hang them on the designated wall.

During our trip, we had the opportunity to engage in various activities. From swimming in the refreshing sea to riding bicycles along scenic paths, there was never a dull moment. We also explored the island's unique culinary offerings, such as ice-cold pineapples, mango mochi and refreshing ice watermelons. However, the highlight of our culinary adventure was undoubtedly the big fish balls, a must-try dish that captures the essence of Cheung Chau.

Getting to Cheung Chau is quite convenient. From Tuen Mun, you can take bus number 960 to Central and then hop on a ferry to the island. The journey itself is enjoyable, offering beautiful views along the way.

In conclusion, Cheung Chau is a vibrant and exciting destination that deserves a visit. I hope you all consider exploring this wonderful island during the upcoming holiday!



Wong Sum Ip 4A 26

My last day in Sydney

Today marked the final day of our visit to Sydney, and we embarked on a half-day tour that allowed us to explore several iconic attractions in the city.

We began our adventure outside the Sydney Opera House, where I eagerly took group photos to capture the moment. The sight of the Sydney Harbour Bridge in the background was nothing short of spectacular, leaving me in awe of its grandeur. The architectural beauty of both landmarks set the tone for an exciting day ahead.

Next, we boarded a coach and headed to Chinatown, a vibrant area filled with malls, markets and arcades, as well as some of the best Asian supermarkets in the city. At Paddy's Markets, I indulged in some shopping and picked up a variety of souvenirs, including Kangaroo Biscuits and Australian nougat. Chinatown is also known for its diverse culinary scene, and I was particularly eager to try live seafood at Golden Century, a renowned restaurant celebrated for its fresh and juicy offerings.

After our time in Chinatown, we took a ferry to the Sydney Harbour Bridge, where I participated in the Discovery Climb. This exhilarating 3.5-hour adventure involved climbing along the inner arch of the bridge in groups of up to 14 climbers. Along the way, I had the opportunity to touch the steel supports and rivets as we made our ascent. The panoramic views of Sydney from the summit were breathtaking and made the effort worthwhile.

Following the bridge climb, I felt both exhausted and hungry. To refuel, we took a ferry to Manly Wharf for dinner, where we enjoyed an array of delicious and fresh seafood at a local restaurant. We savoured shrimp, crab, fish and abalone, making it one of the best dinners I have ever had.

This farewell tour of Sydney was truly unforgettable. If I can save enough money, I will definitely return to this beautiful city. I already miss Sydney so much!

Wong Sum Ip 4A 26



My trip to Osaka

Posted by Lai Sheung Yi on 10th October

Last week, my friends and I travelled to Osaka to celebrate my 15th birthday, and we had an unforgettable time exploring this vibrant city. I would like to share my experience from the first day of our adventure.

In the morning, we visited a popular Japanese restaurant renowned for its obanyaki and takoyaki, highly recommended by many famous YouTubers. Eagerly anticipating our meal, we arrived at the restaurant feeling quite hungry. My friend chose obanyaki, while I opted for the takoyaki. Both dishes were absolutely delicious, and the warm hospitality of the Osaka natives made our experience even more enjoyable. The restaurant owner enthusiastically shared information about nearby attractions, which added to our excitement.

In the afternoon, we explored a lively second-hand animation shop. We were drawn there because of its vibrant atmosphere. To our delight, we found a wide array of animation accessories, including cards, posters, badges and pendants, all at prices significantly lower than those in Hong Kong. The variety of styles available was impressive, and we even met other fans, exchanging information and recommendations with each other. After our shopping spree, we indulged in a bowl of authentic Japanese ramen, which was absolutely delightful and left us feeling satisfied. We also participated in a traditional Japanese tea ceremony, where I discovered that matcha can be quite bitter!

As night fell, we headed to a local park to watch a spectacular fireworks display. Dressed in our yukatas, we revelled in the festive atmosphere, eagerly awaiting the show. When the fireworks lit up the night sky in a dazzling array of colours, we were filled with awe. We captured many photos to commemorate this beautiful moment.

Reflecting on my 15th birthday in Osaka, I can confidently say that it was a day filled with joy and excitement. The fireworks, in particular, left a lasting impression on me, creating a cherished memory. I look forward to visiting Osaka again, as it truly is a wonderful place.



Lai Sheung Yi 4B 09

My trip in Chengdu

Posted by Lau On Kei, on 2nd April

My mother and I recently embarked on a holiday to Chengdu, a vibrant city renowned for its rich culture and unique wildlife. I would like to share the highlights of our first day in this captivating destination.

Our adventure began at the Chengdu Giant Panda Breeding Research Base, a sanctuary dedicated to the conservation of these beloved animals. As we entered the facility, we were greeted by the sight of numerous pandas in their natural habitat. Some were peacefully sleeping, while others were energetically munching on bamboo or playfully climbing trees. Their adorable antics brought smiles to our faces, and I found myself completely enchanted by their charm and liveliness.

In the afternoon, we visited Chengdu Haichang Polar Ocean Park, where we were immersed in the wonders of marine life. The diverse array of creatures included majestic beluga whales, graceful whale sharks and playful sea lions. The highlight of our visit was undoubtedly the beluga whale and dolphin show, which showcased the intelligence and agility of these magnificent animals. The performers captivated the audience with their synchronised routines, leaving us in awe of the beauty of marine life.

As night fell, we strolled through Chengdu's historic Kuanzhai Alley. This charming area is filled with cultural and creative shops, offering a plethora of souvenirs and local crafts. The vibrant atmosphere was enhanced by numerous snack bars beckoning tourists to indulge in authentic Sichuan cuisine. For those who enjoy spicy food, the maocai—a delightful mix of ingredients cooked in a spicy broth—was an absolute must-try. The combination of flavours was both exciting and satisfying, making for a memorable culinary experience.

Chengdu is truly a remarkable destination, offering a variety of experiences that cater to all tastes. From sampling adventurous dishes like rabbit head and barbecue to exploring an array of Sichuan specialty snacks, there is always something to delight the senses. Indeed, the city's lively ambience and warm hospitality make it a perfect place for travellers seeking adventure and cultural enrichment.

Lau On Kei 4B 12



Cheung Chau

Good morning, Principal, teachers and students. My name is Cris Wong from Class 4C, and today I am excited to introduce you to the beautiful island of Cheung Chau.

Cheung Chau Island is located approximately 10 kilometres southwest of Hong Kong Island and stretches 2.45 kilometres in length. This charming island is renowned for its stunning sights and delicious local cuisine, including popular attractions such as Tung Wan Beach, Cheung Po Tsai Cave and the delightful mango mochi.

Firstly, let's explore Tung Wan Beach, the largest beach on Cheung Chau. This expansive beach features clean, soft sand and crystal-clear seawater, making it an ideal spot for relaxation and photography. A leisurely walk along the beach takes about 15 minutes, offering a perfect opportunity to soak in the beautiful surroundings. In addition to walking, the beach provides a range of thrilling water activities, such as canoeing, surfing and floating on mats. These exhilarating experiences allow visitors to fully enjoy the scenic beauty of the area.

Next, I would like to highlight Cheung Po Tsai Cave, named after a legendary pirate from the Qing Dynasty. Situated in the southern part of Cheung Chau, reaching the cave requires a bit of effort, as it involves navigating mountain roads and stairs. I recommend renting a bicycle to make the journey more enjoyable. While the cave itself may not offer much excitement, the breathtaking scenery along the way is truly worth the trip. Cheung Chau boasts numerous bike paths with diverse landscapes, and since there are no cars on the island, cycling is a popular and practical mode of transportation.

Now, let's talk about the local food that Cheung Chau has to offer. One of the must-try delicacies is mango mochi. After tasting it, I highly recommend that everyone give it a try. The glutinous rice skin is soft and tender, encasing a generous portion of sweet mango. Another well-known treat is the Ping On Bun; while it may not be particularly unique in flavour—tasting similar to a regular lotus paste bun—it serves as a lovely gift for friends and family.

In conclusion, Cheung Chau is a remarkable island to visit in Hong Kong, offering a blend of local cuisine, breathtaking scenery and exciting activities. I encourage all of you to experience this enchanting destination for yourselves. Thank you for listening to my presentation!



Lee Hiu Tung 4C 15

A 3-day 2-night school camp

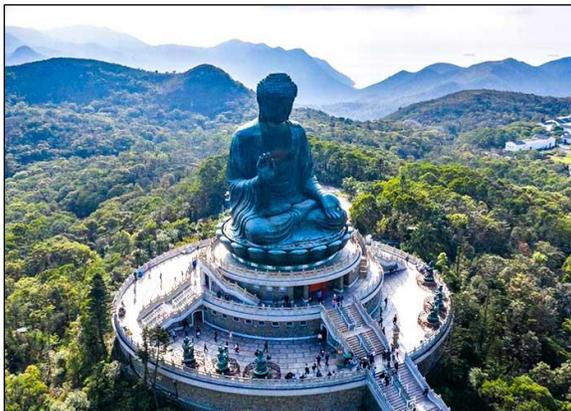
At first, we boarded the bus at 12:15 PM for our trip to Lantau Island. Upon arrival, I was struck by the variety of plants, the strict organisation of the coaches and the tidy accommodations. Initially, I felt bored and found the experience meaningless, believing it wouldn't benefit me in any way. However, our first activity—a slogan match—was a collaborative exercise that quickly changed my perspective. I found it enjoyable and felt a sense of belonging within my team.

On the second day, we participated in several engaging events, including a blindfolded night walk, a water activity and a "nose-high-touch" challenge. These activities required significant teamwork and cooperation, presenting a breakthrough for me, especially as someone who has struggled with social anxiety. Through these challenges, I discovered my own leadership potential. I realised that leadership often just requires the courage to express oneself and take initiative.

One moment that particularly struck me was during the blindfolded night walk. The night was incredibly dark, and wearing blindfolds made us all feel restless and frightened. The unfamiliar environment was daunting, but ultimately, we overcame our fears together. This experience taught me the immense value of teamwork. It is the foundation of a group's success. In that setting, we had to rely on one another completely. I also confronted my fear of darkness, finding strength within myself. I must acknowledge and appreciate our leader, who consistently encouraged us and offered mental support when we felt quiet and frustrated.

Overall, I came to realise that the camp was not boring or meaningless, but rather exciting and meaningful. My communication skills and ability to empathise with others improved significantly. I believe these experiences will help me adapt to working in a team more easily and effectively in the future.

Wang Tsz Man 4C 26



Fabulous Robotic Dog

Are you considering the joy of pet ownership but wish to avoid the mess and daily responsibilities? If so, a robotic dog may be the ideal solution for you. Not only can a robotic dog serve as a delightful companion, but it can also provide endless entertainment.

Fabulous Pet Robotdog

The Fabulous Pet RobotDog is an innovative electronic pet designed to mimic the size and appearance of a poodle, complete with realistic brown artificial fur. This remarkable creation behaves and feels much like a real dog, responding to petting, hugging and motion in a way that will make you feel connected to a genuine canine companion.

Features of the RobotDog

The RobotDog boasts an array of impressive features. Its eyes are colour-changeable, allowing you to customise its appearance at any time. The nose serves as a mapping device, enabling the RobotDog to locate its owner, making interactive games like hide and seek possible. One of its standout features is the "Real Life Mode," which can be activated when you want to experience the responsibilities of pet ownership. In this mode, the RobotDog behaves 99.9% like a real dog, providing a realistic experience for children and adults alike. This feature is particularly beneficial for teaching children the importance of responsibility and nurturing.

Production Details

Launched in September 2024, the Fabulous Pet RobotDog is designed to replicate the behaviours of a real dog, and in many ways, it exceeds those capabilities. Its lifelike appearance and interactive features make it a perfect alternative for those unable to commit to the care of a traditional pet.

In conclusion, the Fabulous Pet RobotDog is not just a toy. It is a sophisticated companion that brings the joys of pet ownership into your home without the associated challenges. Whether for fun or as a teaching tool, it represents a remarkable advancement in robotic technology.

Visit www.fabulousdog.com for more details

Place your order online if you are interested in keeping ONE!



Cheung Chi Ho 5A 06

Should we attend University?

In today's society, an increasing number of students question whether pursuing higher education is truly worthwhile. While some argue that university is both expensive and time-consuming, I contend that the advantages far outweigh the drawbacks. In my opinion, students should attend university because it enhances career opportunities, fosters personal growth and provides invaluable networking connections.

First and foremost, obtaining a university degree significantly improves career prospects. Many lucrative professions, such as medicine, engineering and law, require specialized knowledge that can only be acquired through higher education. Furthermore, research indicates that university graduates experience lower unemployment rates, demonstrating that higher education enhances job security. In a competitive job market, a degree often serves as a crucial differentiator between candidates.

Secondly, university fosters personal development in ways that traditional schooling does not. Unlike the structured and rigid environment of high school, university encourages independent thinking, effective time management and robust problem-solving skills. Students are exposed to diverse perspectives and ideas, which cultivates open-mindedness and adaptability. This personal growth is essential in navigating the complexities of modern life and the workforce.

Finally, a university provides lifelong networking opportunities that are instrumental for professional success. Students have the chance to interact with professors, industry professionals and peers who may become future colleagues or business partners. Career fairs and alumni networks facilitate connections that can lead to internships and job placements, often providing graduates with an advantage over those without a degree.

In conclusion, students should pursue higher education to maximize their potential in an increasingly competitive world. The benefits of enhanced career opportunities, personal development and valuable networking connections make attending university a worthwhile investment. As society continues to evolve, the role of higher education in shaping successful individuals becomes more critical than ever.

Cheng Wing Tung 5B 04

Presentation script

Good morning, ladies and gentlemen. Today, our group is thrilled to present the advertisement for our innovative product: the Magic Camera. Allow me to introduce myself. I am Bella, and with me are Holly, Kate, Bobby, Lemon and Emily. Our presentation will be divided into three key sections. First, I will discuss our logo design. Then, Bobby will explain the meaning behind our slogan. Finally, Lemon will guide you through the exciting features of our product.

Let's begin with our logo design. We have chosen red as our primary colour to create an attractive and vibrant image that resonates with our target customers. Additionally, the word "Camera" prominently features in our logo, clearly communicating the essence of our product.

Our slogan is "Click Click." This catchy and succinct phrase encapsulates the ease of use that our Magic Camera offers, instantly engaging potential customers and highlighting its user-friendly nature.

The first feature allows users to capture stunning photos at any time, ensuring that memorable moments are never missed. The second feature enables users to achieve their ideal body shape with just one click, providing a fun and empowering way to enhance self-image. Finally, the Magic Camera is equipped with an outfit-changing feature that allows users to instantly transform their attire, making it perfect for dynamic lifestyles and creative expression.

So, what are you waiting for? Place your order for the Magic Camera today! You can easily complete your purchase online at www.cameramagic.com or call us at 62485472. Your product will be delivered to your home or office within three working days.

If you have any questions or inquiries, please do not hesitate to reach out to our customer service hotline or visit our website for more information.

That concludes our presentation. Thank you for your attention, and we hope you consider the Magic Camera to elevate your photography experience!



Lam Mau Kam 5B 11

Environmentally friendly students

Good morning, everyone. I am Chris Wong, the chairperson of the school's Environmental Club. Today, I would like to share my perspective on whether our students are environmentally aware enough. In my opinion, our students are making commendable efforts to protect the Earth.

First and foremost, our school is equipped with numerous recycling bins located throughout the campus. Most students demonstrate initiative by actively placing recyclable items into these bins, thereby reducing waste. This behaviour indicates that students possess a strong awareness of environmental issues and a clear understanding of how proper waste disposal contributes to a greener planet.

Secondly, students consistently turn off lights, fans and air conditioners when they are not in use. This simple yet effective action reflects an understanding of how small changes in our daily routines can positively impact the environment by reducing energy consumption. Such practices are essential for fostering a more sustainable future.

Additionally, a recent survey revealed that our students prefer using public transportation options such as buses, LRT and MTR instead of private cars. This choice significantly reduces their carbon footprint, thereby lowering greenhouse gas emissions. Moreover, utilizing public transport helps conserve energy, which further benefits the environment.

Last but not least, our students are not only aware of environmental issues, but they are actively participating in solutions. Through various initiatives, we are making substantial strides toward a more environmentally conscious future. This commitment is crucial for ensuring the sustainability of our planet.

In conclusion, our students demonstrate a high level of environmental awareness and are taking meaningful actions to protect the Earth. Thank you for your attention, and let us continue to work together for a sustainable future.

Lam Mau Kam 5B 11



Helpful Robotic Dog

Are you considering the joys of pet ownership but wish to avoid the mess and daily responsibilities? The Helpful Robotic Dog is the perfect solution for you. Not only does this innovative robotic companion provide the experience of having a pet, but it also serves as an entertaining toy.

This robotic dog features an adorable design, boasting a golden coat with creamy white accents. Measuring 20 cm in height, 30 cm in length and 15 cm in width, it is perfectly sized as a medium companion. Its lifelike appearance and behaviour make it seem indistinguishable from a real dog.

The Helpful Robotic Dog is equipped with a variety of micro-actions, such as blinking and wagging its tail, which enhance its realistic charm. It performs an array of tricks, including sitting, jumping, rolling over and playing dead. Additionally, this robotic dog can assist its owner with household chores, such as sweeping the floor or locating misplaced items, making it a versatile addition to any home.

Many people are drawn to the Helpful Robotic Dog because it requires minimal maintenance. This makes it an ideal choice for busy urban dwellers who desire the companionship of a pet without the associated responsibilities. The Helpful Robotic Dog truly stands out as a unique alternative to traditional pets.

For more details, visit www.roboticdog.com. If you're interested in bringing home your very own Helpful Robotic Dog, place your order today!

Leung Man Hei 5B 15



An application letter

Dear Sir/Madam,

I am writing in response to the advertisement for a summer student internship in the Language Learning Support Section at EDB, as listed on www.HKFDB.com. I am particularly interested in the position that involves handling reporting and editorial work.

I learned about this opportunity through my teacher, who is a member of the Life-Planning Guidance Committee. After visiting your website, I became deeply intrigued by this position. My enthusiasm for writing, combined with my experience in reporting and editorial tasks, positions me as a strong candidate for this role.

I believe I am well-suited for this internship for several key reasons. Firstly, I possess a genuine passion for reporting and editorial work. As a member of my school's writing club, I regularly contribute to our school channel and draft annual reports. This involvement has equipped me with extensive skills in various writing formats. Additionally, I serve as the chairperson during our club meetings, where I guide my peers in composing a diverse range of texts, including letters and emails. This experience has further refined my teaching and leadership abilities.

Furthermore, I participated in the CNE English writing competition, where I was honoured to receive a gold award, demonstrating my writing proficiency. A few years ago, I published a book that became a bestseller, showcasing my talent and commitment to quality writing. I am confident that these experiences will greatly benefit your department.

Moreover, my personality aligns well with the requirements of this position. I am eager to learn and explore new concepts, qualities that I believe contribute positively to any team dynamic. If granted the opportunity at EDB, my positive attitude and willingness to improve will enable me to enhance my writing skills while making meaningful contributions to your team.

Thank you for your time and consideration. I look forward to your favourable reply.

Yours faithfully,
Chris Wong

Wu Jia Ling, Jessica 5C 25



4-day school week better

The question of whether students should attend school for four days a week or five days a week has sparked considerable debate. While opinions vary, I firmly believe that a four-day school week offers significant advantages, allowing students to enjoy more free time, strengthen family bonds, and develop new hobbies.

To begin with, it is a well-established fact that students often lack sufficient free time to enjoy life outside of academic responsibilities. A four-day school week would provide students with the opportunity to engage in sports and recreational activities. For instance, they could play basketball with friends three to four times a week, taking advantage of the extra time. Additionally, with reduced commuting times, students would have more opportunities to rest and recharge. This newfound leisure can greatly enhance their overall well-being and enjoyment of life.

Moreover, a four-day school week would allow students to spend more quality time with their family members. For example, families could take trips to Cheung Chau to experience the local cuisine together. They could also enjoy shopping excursions in less crowded malls during weekdays, providing a more relaxed shopping experience. Such activities not only create cherished memories but also foster stronger familial relationships, contributing to a supportive home environment.

Another compelling reason for a four-day school week is the opportunity it would provide for students to explore and develop new hobbies. Many students struggle to find time for personal interests amidst their academic schedules. With an extra day off, they could pursue artistic endeavours such as dance or painting. For instance, students could attend dance lessons twice a week, allowing them ample time to practise and refine their skills. This engagement in hobbies not only enriches their lives but also promotes creativity and self-expression.

In conclusion, a four-day school week presents numerous benefits for students, including increased free time, enhanced family relationships, and the opportunity to explore new hobbies. Therefore, I advocate for a four-day school week as a means to improve the overall quality of students' lives. By providing more time for personal enjoyment and family connections, we can foster a more balanced and fulfilling educational experience.



Fung Wai Ting 6A 06

Academic Life

I think of subjects that evoke both enjoyment and frustration; the first that comes to mind is Economics. Reflecting on my journey, I remember the day I first encountered this subject—my first day of Secondary 4.

Initially, I did not perceive Economics as a difficult subject. Based on the information I gathered from friends, websites and various teachers, I confidently enrolled without any reservations.

However, during my very first Economics lesson, I was taken aback. As I looked at the blackboard, I felt overwhelmed by the complex vocabulary and intricate concepts being presented. The flood of unfamiliar terms left me bewildered, and I ultimately found myself dozing off, mentally going “offline.”

It became apparent that if I could not grasp the content of Economics, I was destined to fail my first exam in this subject. Unfortunately, that prediction came true. The more I struggled, the more daunting Economics seemed to become.

As I continued to face challenges, I braced myself for an uphill battle leading up to the DSE exam. However, my teacher played a pivotal role in my transformation.

After the second-term exam, my Economics teacher approached me and inquired whether I wished to continue studying the subject. Initially, I was resistant to the idea, but he encouraged me to stay and promised to provide substantial support.

From that day forward, he began to elucidate how the business world operates and how society functions as a whole. When he introduced the concepts of Macroeconomics, I found myself captivated. It was as if I had discovered a magnetic force that drew me in. Topics such as international trade, banking and production lines fascinated me. I began to immerse myself in these subject’s day by day.

The most surprising development occurred when, as a Form 5 student, I purchased an Economics book that was not part of the DSE syllabus. I truly discovered my passion for what I now consider the most fabulous subject in the world!

As I approach graduation, my love for Economics has only deepened, and I have decided to pursue this passion further at university. The prospect of becoming an economist excites me, and I am eager to perform well in the DSE. Moreover, I hope that in a few years, when I look back at this yearbook, I will reflect on my journey with pride rather than think of myself as merely crazy.

In conclusion, my initial frustrations with Economics transformed into a profound appreciation for the subject, illustrating how challenges can lead to unexpected passions and opportunities for growth.

Memories of Sai Kung Trip

Do you remember our unforgettable trip to Sai Kung? We spent two incredible days at the Sai Kung campus, filled with a variety of thrilling activities such as rock climbing and orientation games. These experiences were both exhilarating and challenging, pushing us to confront our fears.

During the trip, some classmates struggled with the heights associated with certain activities, feeling anxious and hesitant. However, our 6C classmates rallied together, offering encouragement and support, often with heartfelt hugs. This display of camaraderie and solidarity among us was a poignant moment that I will cherish forever.

As night fell, we gathered to gaze at the stars, sharing our aspirations for the future. Conversations flowed as we discussed our dreams of becoming university students or pursuing careers in the arts. It was inspiring to witness my classmates' hopes and ambitions, as we all committed to chasing our dreams together.

I genuinely hope we will reminisce about this extraordinary trip and the memories we created. Our time in Sai Kung has not only strengthened our bonds as a class but also ignited a collective determination to strive for an idealistic future. Let's carry these experiences with us as we journey forward, always remembering the joy and support we found in each other.

Kan Ka On 6C 09



Academic life

Throughout my entire academic career at Kowloon Secondary School, I have encountered a variety of subjects, some of which I have thoroughly enjoyed, while others have presented significant challenges. Among this diverse array of subjects, one stands out as both arduous and intriguing is Physics.

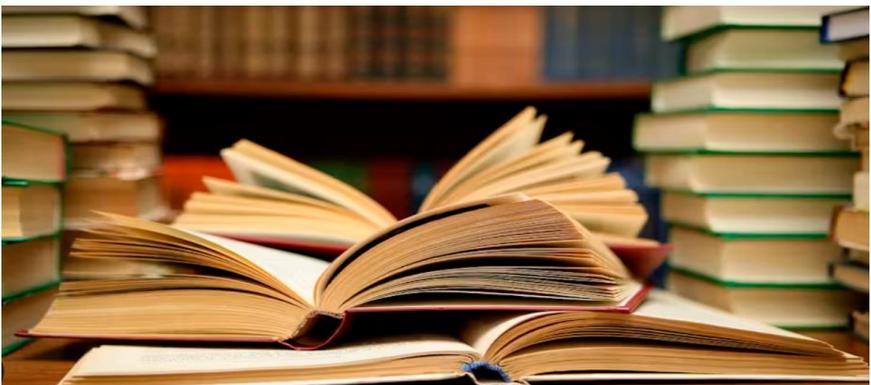
Physics serves as the foundation for understanding the world around us. It encompasses essential concepts such as heat, force and electromagnetic waves, all of which can feel as formidable as a heavy rock firmly embedded in the ground—impossible to shift, no matter how strong the effort. Yet, this very challenge is what fuels my enthusiasm for the subject. The thrill of overcoming complex questions and grappling with intricate concepts brings me immense satisfaction. Each time I conquer a difficult problem, I am rewarded with a sense of accomplishment that motivates me to delve deeper into the subject matter and enhances my academic performance.

The challenges presented by Physics are not merely obstacles; they are opportunities for growth. Each difficult concept I encounter pushes me to expand my understanding and encourages me to strive for excellence. This journey of exploration and discovery is what makes studying Physics so rewarding. It ignites a passion within me to seek out more sophisticated knowledge and apply it in practical ways.

I hope that all students can find a subject that ignites their passion and serves as a source of motivation. Embracing the challenges within that subject can lead to a deeper understanding and a more enriching educational experience.

In conclusion, Physics has not only captivated my interest but has also significantly shaped my academic journey. I encourage everyone to pursue their interests with the same fervour and determination, as it is through these passions that we can unlock our true potential.

Man Ka Him 6C 14



Student life

Being part of the same group of classmates for a total of six years is no small feat. This is precisely why the time we have spent together is so valuable and should be cherished. From our picnics to our graduation dinner and school sports day, each experience holds a special place in my heart. However, the moments I treasure most are those spent in the classroom, engaging in meaningful lessons.

Our lessons together were far from superficial. I vividly recall a moment in 6C when Billy made a hilariously silly comment that had us all in stitches. What truly matters, however, is the opportunity we had to sit side by side and learn together. Consider this: how often do you get the chance to be in the same room with your friends, sharing knowledge and experiences after graduation? Such moments may seem trivial at the time, but they create a wealth of unforgettable memories.

Learning together fostered not only academic growth but also deepened our friendships. Each lesson became a shared journey, filled with laughter, discussions and collaborative exploration. These interactions are where the true treasure lies. The camaraderie we built during our time in class is something I miss the most as a former student of 6C.

In conclusion, the time we spent learning together is irreplaceable. It is within those classroom walls that we formed connections and created lasting memories that will stay with us long after we've moved on. I will always cherish the experience we shared in 6C, and I hope that we continue to carry the spirit of our time together into the future.

Man Ka Him 6C 14





Ho Ngai College (Sponsored by Sik Sik Yuen)



*English
Compositions*

2024-2025

Tel : (852)-24417100

Tel(China) : 15219432012

Fax : (852)-24416753

Address : No. 8, Oi Ming Lane, Tuen Mun, N.T., Hong Kong.

Website : <http://www.hongai.edu.hk>